



Republic of the Philippines
Department of Education

REGION I
SCHOOLS DIVISION OF THE CITY OF BATAC

Advisory No. 129, s. 2025

16 JUN 2025

In compliance with DepEd Order (DO) No. 8, s. 2013
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
(Visit www.deped.gov.ph)

PROMOTION OF THE SPEAK UP, I'M HERE MENTAL HEALTH HOTLINE AND CENTER

With the aim to promote its services, advocate for mental wellness and provide students with the knowledge and tools they need to seek help when needed, the Speak Up, I'm Here Mental Health Hotline and Center in Ilocos Norte will visit all public secondary schools to introduce their hotline services to all secondary learners on the following schedule:

Date	Time	School
June 24, 2025	9:00-11:00 AM	Batac National High School
	1:00-3:00 PM	Gen. Artemio Ricarte Senior High School
June 25, 2025	9:00-11:00 AM	City of Batac National High School Payao
	1:00-3:00 PM	Ferdinand Edralin Marcos Senior High School
June 26, 2025	9:00-11:00 AM	City of Batac National High School Rayuray
	1:00-3:00 PM	City of Batac National High School Poblacion
June 27, 2025	9:00-11:00 AM	Crispina Marcos Valdez National High School

Attached is a copy of the letter for reference.

2506446/JIRM/Advisory-SpeakUpHotlinePromotion
June 10, 2025

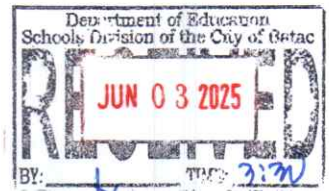


Republic of the Philippines
PROVINCE OF ILOCOS NORTE



SDCB RECORDS UNIT

2508200



SPEAK UP, I'M HERE MENTAL HEALTH HOTLINE AND CENTER

May 30, 2025

Mr. ANSELMO R. ALUDINO, CESO VI
School Division Superintendent
Department of Education, City of Batac

Dear Mr. Aludino,

Warm greetings from the Provincial Government of Ilocos Norte and Speak Up, I'm Here, Mental Health Hotline and Center.

We at Speak Up, I'm Here—a dedicated mental health hotline and center in Ilocos Norte—are writing to formally express our intent to collaborate with DepEd Batac City in promoting mental health awareness and emotional well-being among students.

Our mission is to provide accessible, compassionate, and confidential support to individuals facing mental health challenges. As part of our initiative, we aim to visit schools across Ilocos Norte to introduce our services, advocate for mental wellness, and provide students with the knowledge and tools they need to seek help when needed.

In line with this, we would like to respectfully request your permission to participate in the upcoming orientation programs of the different schools in the province under your supervision. During this time, we hope to:

- Present a short mental health awareness talk tailored for students, teaching and non-teaching personnel
- Introduce our hotline services and how to access them
- Distribute informative materials
- Foster a safe and open environment for students to seek support

Additionally, we would be grateful if you could provide us with the following:

3. Recommended schools to visit
4. The scheduled date of the orientation program of the recommended schools

We believe that through partnerships like this, we can build a more supportive and resilient community for our youth.

Should you have concerns or queries, your staff may contact **MS. AXIA TAGAMA** at **0966 461 0706**. Our office will be very keen in coordinating with your esteemed office with this request.

Thank you so much and we look forward to your positive response.

"Salun-at a sigurado, umili produktibo"

Respectfully yours,


WILLIE JAKE B. SIB-AT
Youth Development Officer IV