



Republic of the Philippines  
**Department of Education**

REGION I  
SCHOOLS DIVISION OF THE CITY OF BATAC

Advisory No. **136**, s. 2025  
**18 JUN 2025**

In compliance with DepEd Order (DO) No. 8, s. 2013  
this advisory is issued not for endorsement per DO 28, s. 2001,  
but only for the information of DepEd officials,  
personnel/staff, as well as the concerned public.  
(Visit [www.deped.gov.ph](http://www.deped.gov.ph))

**NCPEP FIT-FUN CONFERENCE 2025**

Attached is a letter from the National Council for Physical Educators of the Philippines, Inc. (NCPEP) re conduct of NCPEP Fit-Fun Conference 2025 with the theme, "*Move to the Beat: Mastering the Rhythm of Dance and Exercise*" which will be held face-to-face from August 22 to 24, 2025, at Antique Vocational School.

Said activity is open to PE and Sports teachers, coordinators, supervisors, school heads, and graduate students. Participation in this training is strictly voluntary and shall not be made a requirement for any official performance evaluation or assignment.

For further details and other queries, please refer to the attached letter.

For information.

OZC/ADV\_NCPEP Fit-Fun Conference 2025  
2508753/5039/June 17, 2025



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**Liwen Aisiah C. Glinogo**

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## CONSULTANT

**Marie Fe Cachola**



Contact us:

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Blk 38 Lot 8 Caloocan City



## NATIONAL COUNCIL FOR PHYSICAL EDUCATORS OF THE PHILIPPINES (NCPEP) INC.

June 13, 2025

**ANSELMO R. ALUDINO**

Schools Division Superintendent

Division of Batac City

Batac City, Ilocos Norte

Sir:

Greetings!

The National Council for Physical Educators of the Philippines, Inc. (NCPEP) is excited to present the much-anticipated NCPEP Fit-Fun Conference 2025, with the theme **"Move to the Beat: Mastering the Rhythm of Dance and Exercise"** which will be held face-to-face from **August 22 to 24, 2025, at Antique Vocational School.**

The event will bring together renowned experts and resource speakers to explore the real-world applications of Physical Education and Sports in promoting healthy lifestyles, enhancing quality education, and advancing inclusive and equitable development—aligning with the United Nations Sustainable Development Goals (SDGs).

This professional learning opportunity is open to P.E. and Sports teachers, coordinators, supervisors, school principals, and graduate students. We believe that participation in this event will significantly enrich our educators' competencies, classroom strategies, and overall contribution to the holistic development of learners.

In line with this, may we respectfully request your office to issue an advisory allowing your MAPEH and Sports Track teachers to attend on official time, without disruption of classes, and subject to the usual rules and regulations of the Department.

Attached herewith is the 3-day program of activities and the official conference communication from NCPEP for your reference.

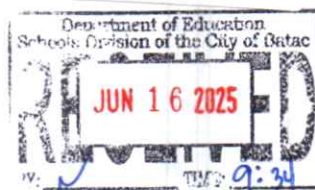
We sincerely appreciate your continued support for the advancement of Physical Education and the professional development of our teaching personnel.

Thank you very much, and we look forward to your favorable response.

Respectfully Yours,

**Anna Lou M. Carreon**

NCPEP President







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# NATIONAL COUNCIL FOR PHYSICAL EDUCATORS OF THE PHILIPPINES (NCPEP) INC.

## FIT-FUN Conference 2025

*"Move to the Beat: Mastering the Rhythm of Dance and Exercise"*

August 22 to 24, 2025

Day 1 (Aug 22, 2025)		
Facilitators: Jhan Mari Tan and Princess Anne Mendoza		
08:00am-9:00am	Registration	
09:00-9:30 am	Opening Program	NCPEP
9:30-10:30 am	Functional Exercise	Dr. Jerrwin A. Aguinaldo De La Salle University
10:30 am - 12:00 nn	"Sayaw Pilipinas: Dance Heritage Fitness" Session 1	Dr. Jun Alave Paranaque National High School/PUP
12:00 nn - 1:30 pm	Lunch Break	
1:30 - 3:30 pm	Session 2	Dr. Jun C. Alave Paranaque National High School/PUP
3:30 - 4:00 pm	Snacks	
4:00 - 5:00 pm	Dance Workshop 1	
Day 2 (Aug 23, 2025)		
Facilitators: Anna Lou M. Carreon/ Federico R. Arzadon Jr.		
08:00 am-9:00 am	Different Genre of Dance Aerobics for PE Class/ Workshop Session 1	Mr. Gicel Roger B. Salvilla Polytechnic University of the Philippines
9:00am -10:00	Workshop Session 2	
10:00 am-10:30am	Health Break	
10:30-12:00 nn	Social Ballroom dancing for P.E class	Dr. Ferdie T. Lubis Polytechnic University of the Philippines
12:00-1:30 pm	Lunch Break	
1:30- 3:30 pm	Workshop	
3:30 -4:00 pm	Snacks	
3:30-5:00	Circuit Training	Dr. Joana Marie Carina M. Gabunilas/ Dr. Geraldine Minas Polytechnic University of the Philippines
Day 3 (Aug 24, 2025)		
Facilitators: Geraldine C. Minas/ Justin Julian Cachola		
8:00 -9:00am	Ingress/Recap	
09:00- 12:00 nn	Conditioning Exercise	Mr. Dane Ryan Maturan Accredited Coach Level 2 Aer Gymnastics Caybiba HS  Ms. Jhan Mari Tan Accredited Coach Level 3 Aer Gymnastics
12:00-1:30 pm	Lunch Break	
1:30- 3:30 pm	Output Presentation	Participants
3:30-4:00	Snacks	
4:00-5:00	Closing Program Awarding of Certificates	

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# NATIONAL COUNCIL FOR PHYSICAL EDUCATORS OF THE PHILIPPINES (NCPEP) INC.

## FIT-FUN Conference 2025

*"Move to the Beat: Mastering the Rhythm of Dance and Exercise"*

August 22 to 24, 2025

### Payment:

	Member	Non-Member
EARLY BIRD		
April 1, 2025- May 15, 2025	Php 3,500.00.	4,000.00
May 16, 2025 - July 15, 2025	Php 4,000.00	4,500.00
REGULAR REGISTRATION		
July 16,2025-August 20,2025	4,500.00.00	5,000.00

Bank: Land Bank of the Philippines

Branch: A. Mabini St. Poblacion Caloocan City

Account Name: NATIONAL COUNCIL FOR PHYSICAL EDUCATORS OF THE PHILIPPINES (NCPEP), INC.

Account Number: 2911074527

GCASH # 09620780636 Princess Mendoza

QR Registration Form: <https://bit.ly/41eZ9QR>



### Inclusions:

The registration cost includes lunch and afternoon snacks for the three-day conference and kits containing a PATHFIT 3 book (for the first 50 registrants), seminar ID, certificates of participation, e-handouts, attendance, and completion for those who participate in and complete the workshop activities.