



Republic of the Philippines  
**Department of Education**

REGION I

SCHOOLS DIVISION OF THE CITY OF BATAC

DIVISION MEMORANDUM

No. **412**, s. 2025

**27 JUN 2025**

**2025 NUTRITION MONTH CELEBRATION**

To: Assistant Schools Division Superintendent  
Chief Education Supervisors  
Unit and Section Heads  
Public and Private Elementary and Secondary School Heads  
All Others Concerned

1. Pursuant to PD No. 491 s. 1974 or the Nutrition Act of the Philippines, the Schools Division of the City of Batac enjoins all learners, teaching and non-teaching personnel, officials and stakeholders to conduct school-based activities starting July 1, 2025 in celebration of the 2025 Nutrition Month with the theme "Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat and the subtheme "Food at Nutrisyon Security, Maging Priority! Sapat na Pagkain, Karapatan Natin!".
2. The activities to be undertaken are expected to reflect a whole-of-school and whole-of-community approach, advancing nutrition and well-being as essential components of learner development.
3. Schools are requested to submit a report on the highlights of their Nutrition Month Celebrations until August 5, 2025 at the Schools Division Office.
3. Attached are Regional Memorandum No. 812, s. 2025 and unnumbered DepEd Memorandum for reference.
4. For information and guidance.

  
**ANSELMO R. ALUDINO, and**  
Schools Division Superintendent

Encl.: As stated  
Reference: Regional Memorandum No. 812, s. 2025  
To be indicated in the Perpetual Index  
under the following subjects:

NUTRITION PROGRAMS

SGOD/JIRM/DM 2025NutritionMonth  
25026/2509163/June 27, 2025



Republic of the Philippines  
**Department of Education**  
REGION I



REGIONAL MEMORANDUM

No. 812, s. 2025

**2025 NUTRITION MONTH CELEBRATION**

To: Schools Division Superintendents

1. By virtue of the PD No. 491 s. 1974 or the Nutrition Act of the Philippines, the Department of Education enjoins all learners, teaching and non-teaching personnel, officials, stakeholders and parents to actively engage in the activities of the 2025 Nutrition Month Celebration with the theme, "Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat" with the subtheme "Food at Nutrisyon Security, Maging Priority! Sapat na Pagkain, Karapatan Natin!", this year's celebration underscores that food and nutrition security is not a privilege, but a fundamental human right as enshrined in the Philippine Constitution and supported by global commitments.

2. The celebration calls for collective and urgent action to ensure safe and nutritious food for all, emphasizing healthy diets as a right. It also supports the implementation of the Philippine Plan of Action for Nutrition (PPAN) 2023-2028 under its overarching theme.

3. For information and guidance.

**TOLENTINO G. AQUINO**  
Director IV

Incl.: None.

To be included in the Perpetual Index  
under the following subjects:

CONTESTS  
NUTRITION EDUCATION  
PROGRAMS

ESSD-SQC/mar/RM 2025  
June 23, 2025



DepEd RO1



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Document 5



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Republic of the Philippines  
Department of Education

DepEd MEMORANDUM  
No. s. 2025

**2025 NUTRITION MONTH CELEBRATION**

To: Undersecretaries  
Assistant Secretaries  
Minister, Basic, Higher, and Technical Education, BARMM  
Bureau and Service Directors  
Regional Directors  
Schools Division Superintendents  
Public and Private Elementary and Secondary School Heads  
All Others Concerned

1. In support of the government's commitment to address hunger and malnutrition, the Department of Education (DepEd) calls on all learners, teaching and non-teaching personnel, school officials, parents, and stakeholders to actively participate in the 2025 Nutrition Month Celebration this July. This is pursuant to Section 7 of Presidential Decree No. 491, known as the Nutrition Act of the Philippines, which mandates the observance of Nutrition Month every July to create greater awareness on the importance of good nutrition.
2. The annual celebration is led by the National Nutrition Council (NNC), the country's highest policymaking and coordinating body on nutrition. In coordination with national and local stakeholders, the celebration mobilizes multi-sectoral actions in addressing malnutrition, promoting food and nutrition security, and building healthier communities.
3. The 2025 Nutrition Month theme, **"Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat!"** with the subtheme, **"Food at Nutrition Security, Maging Priority! Sapat na Pagkain, Karapatan Natin!"** emphasizes that food and nutrition security is not a privilege but a fundamental human right enshrined in the Philippine Constitution and supported by global commitments. The theme highlights the need for sustained, inclusive, and collaborative efforts to ensure access to nutritious, affordable, and safe food for all Filipinos.
4. The campaign aims to:
  - a. Raise awareness on the vital role of nutrition in reducing all forms of malnutrition and hunger;
  - b. Reinforce the call for healthy diets and food security as pillars of the Philippine Plan of Action for Nutrition (PPAN) 2023–2028 and the Philippine Development Plan (PDP) 2023–2028;
  - c. Promote inclusive, sustainable, and climate-resilient food systems;
  - d. Mobilize multi-sectoral support among agencies, LGUs, NGOs, civil society, private sector, and communities.
5. For this year's Nutrition Month campaign, the use of the **'SAPAT'** strategy is encouraged to reach a broader audience, as follows:



- **S** – Strengthen food policies;
- **A** – Amplify public awareness;
- **P** – Promote sustainable food systems;
- **A** – Activate partnerships without conflicts of interest; and
- **T** – Transform food systems.

6. The celebration shall align with the Department's ongoing efforts to promote learner health, food and nutrition security, and sustainable school environments. Activities to be undertaken are expected to reflect a whole-of-school and whole-of-community approach, advancing nutrition and well-being as essential components of learner development.

7. All DepEd offices and schools are highly encouraged to actively participate in this nationwide celebration by implementing localized activities that align with the objectives and strategies outlined above. Schools are also encouraged to leverage online and other media platforms, including but not limited to the following activities:

- a. Launching Nutrition Month through ceremonies and flag-raising programs featuring the official theme;
- b. Conducting nutrition education sessions, forums, and webinars on healthy diets and food security;
- c. Holding poster-making, slogan-writing, and essay-writing contests;
- d. Activities that highlight school gardening initiatives under the *Gulayan sa Paaralan Program* (GPP);
- e. Organizing "Buy Local" weeks to promote climate-resilient, locally sourced food;
- f. Hosting cooking demonstrations that emphasize food safety, nutrition, and affordability;
- g. Launching social media campaigns to highlight local nutrition initiatives;
- h. Holding webinars on climate-smart agriculture in partnership with local agricultural offices and other relevant stakeholders; and
- i. Conducting Nutrition Month quiz bees focusing on school gardening, food systems, and nutrition.

8. Materials related to the celebration may be accessed through the official website of the National Nutrition Council at [www.nnc.gov.ph](http://www.nnc.gov.ph). Additional resources to be developed by the Central Office will soon be available for access and download at <https://tinyurl.com/CO-2025-NMC>.

9. Regional and Schools Division Offices are requested to submit relevant documents and highlights of their Nutrition Month celebrations via <https://tinyurl.com/2025-NUTMONTH> on or before **September 5, 2025**.

10. For more information, please contact the Bureau of Learner Support Services – School Health Division (BLSS-SHD), 3rd Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City through email: [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph) or at telephone number (02) 8632-9935.

11. Immediate dissemination of this Memorandum is desired.

By Authority of the Secretary

**ATTY. FATIMA LIPP D. PANONTONGAN**  
Undersecretary and Chief of Staff