



Republic of the Philippines
Department of Education

REGION I
SCHOOLS DIVISION OF THE CITY OF BATAC

OFFICE MEMORANDUM

SGOD-2025-1110

14 JUL 2025

SUICIDE EDUCATION AND AWARENESS TRAINING

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Section and Unit Heads

) Adelaida P. Manglal-lan
Guidance Counselor III

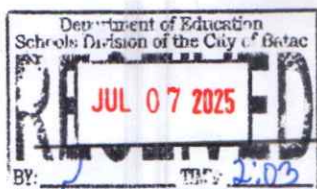
All Others Concerned

1. Pursuant to the Regional Memorandum No. 864, s. 2025, the Department of Education Regional Office 1 through the Department of Health – Ilocos Center for Health Development shall conduct a Suicide Education Awareness Training on August 11-15, 2025 in Calasiao, Pangasinan.
2. The training aims to equip education stakeholders with necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.
3. The identified participant is advised to confirm their attendance through the registration link: <https://forms.gle/8msFWUyNBz4xwxCH6> on or before July 9, 2025.
4. Board and lodging will be covered by the Department of Health. Transportation, per diems, and other incidental expenses are to be shouldered by the office, subject to the usual accounting and auditing rules and regulations.
5. This Memorandum serves as the Official Authority to Travel of identified participant.
6. Immediate dissemination of this Memorandum is desired.

ANSELMO R. ALUDINO

Schools Division Superintendent

SGOD/mlpd/DM-SuicideAwarenessTraining
2509992/July 11, 2025



Republic of the Philippines
Department of Education
REGION I

REGIONAL MEMORANDUM

No. 864 s. 2025

SUICIDE EDUCATION AND AWARENESS TRAINING

To: Schools Division Superintendents
Division School Health Personnel

1. The Department of Education Regional Office I through the Department of Health - Ilocos Center for Health Development shall conduct a **Suicide Education Awareness Training** on **August 11-15, 2025** in **Calasiao, Pangasinan**.

2. In this regard, we respectfully request your office to designate representative/s from your division – preferably a guidance counselor, school health personnel or mental health focal to attend the said training. **We highly recommend that the participants who will join have close contact with the Learners to ensure effective knowledge transfer and practical application of the training.**

3. Please refer to the table below for the required number of participants for the training:

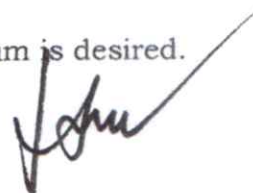
SCHOOLS DIVISION OFFICES	NUMBER OF PARTICIPANTS
Ilocos Norte	2
Laoag City	1
Batac City	1
Ilocos Sur	1
Vigan City	1
Candon City	1
La Union	2
San Fernando City	2
Pangasinan I	1
Pangasinan II	1
Dagupan City	2
San Carlos City	2
Urdaneta City	2
Alaminos City	1

4. The training aims to equip education stakeholders with necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.

5. Kindly confirm your participation and submit your representative's name on or before **July 9, 2025**, via this link: <https://forms.gle/8msFWUyNBz4xwxCH6>. Board and lodging will be covered by the Department of Health. Transportation, per diems, and other incidental expenses are to be shouldered by your office subject to the usual accounting and auditing rules and regulations.

6. For inquiries, please contact **Mr. Amante C. Ofiana Jr.**, Technical Assistant II of the School Mental Health Program via email at amante.ofiana@deped.gov.ph or by phone at 0951-734-9662.

7. Immediate and wide dissemination of this Memorandum is desired.



TOLENTINO G. AQUINO
Director IV



Encl: As stated
Reference: Memo_REC2508005
Memo_REC2508045
To be indicated in the Perpetual Index
under the following subjects:

ORIENTATION
SEMINARS

ESSD/acojr/RM_SuicideEducationAndTraining
July 4, 2025



[Invitation Letter] Suicide Education and Awareness Training (SEAT) August 11-15, 2025

From Non-Communicable Disease Ilocos CHD <ncd@ilocos.doh.gov.ph>

Date Wed 7/2/2025 4:28 PM

To DEPED I ILOCOS REGION <region1@depd.gov.ph>

Cc Arwin Baclic <arwinbaclic@gmail.com>; Erwin Baclic Jr <EMBaclicJr@ilocos.doh.gov.ph>

8 attachments (3 MB)

Candon City SDS.pdf; Batac City SDS.pdf; Alaminos City SDS.pdf; Ilocos Sur SDS.pdf; Laoag City SDS.pdf; Vigan City SDS.pdf; Pangasinan II SDS.pdf; Pangasinan I SDS.pdf;

Good day ma'am/sir,

Warm greetings!

Respectfully sending a copy of invitation letters for the conduct of Suicide Education and Awareness Training (SEAT) on August 11-15, 2025.

Attached to this e-mail are letters for the following:

Pangasinan I SDS
Pangasinan II SDS
Ilocos Sur SDS
Alaminos City SDS
Batac City SDS
Candon City SDS
Laoag City SDS
Vigan City SDS

Another set of letters for the other school districts shall be sent once signed.

Thank you for the anticipated participation of your office on this event.

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Sincerely,

PRIVACY AND CONFIDENTIALITY NOTICE: The content of this email is intended for the person or entity to which it is addressed only. This email may contain confidential information. If you are not the person to whom this message is addressed, be aware that any use, reproduction, or distribution of this message is strictly prohibited. If you received this in error, please contact the sender and immediately delete this email and any attachments.

As part of our continuous improvement, let us know how we can serve you better by accomplishing the Client Satisfaction Measurement form at <http://bit.ly/CSS-NCD>.

*****Please acknowledge receipt of this e-mail.***



DepEd RD1 REC 2508005

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Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



June 24, 2025

DIR. TOLENTINO G. AQUINO
Regional Director
Department of Education Region I
Floras St., Catbangen, San Fernando City
La Union, 2600

Thru: **GEMMA Q. TACUYCUY, CESO V**
Schools Division Superintendent - Candon City

Dear **Dir. Aquino**:

Greetings of peace and wellness!

In support of the Department of Health's agenda to promote mental health and strengthen community-based interventions, we are pleased to invite your esteemed office to participate in the upcoming **"Suicide Education and Awareness Training"** on **August 11-15, 2025** in Calasiao, Pangasinan. This initiative, organized by Ilocos Center for Health - DOH, aims to equip education stakeholders with the necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.

In this regard, we respectfully request your office to designate one (1) representative from your division – preferably a guidance counselor, school health personnel or mental health focal – to attend the said training. Their participation will contribute to the continuing effort to create safe and responsive learning environments aligned with both the DOH and DepEd's shared goal of holistic learner development and well-being.

Kindly confirm your agency's participation and provide the name of your representative **on or before July 4, 2025** by scanning the QR code below or through this link: <https://forms.gle/8msFWUyNBz4xwxCH6>. The board and lodging shall be shouldered by this Office. However, may we request that transportation, per diems, and other incidental expenses be borne by your office.

Mr. Erwin M. Baclig, Jr., Program Manager of the Mental Health Program, will coordinate with your staff regarding this matter. He may be reached at mobile number no. 0919-092-7454 or 0912-323-4307 and e-mail address at ned@ilocos.doh.gov.ph.

Thank you.

Very truly yours,

PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
Director IV

For the Regional Director:

PRETCHALL P. TOLENTINO, MD, MCHM, CESE
Director III



SCAN ME



Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



June 24, 2025

DIR. TOLENTINO G. AQUINO

Regional Director

Department of Education Region I

Flores St., Catbangan, San Fernando City

La Union, 2600

Thru: **DR. ANSELMO R. ALUDINO CESO VI**
Schools Division Superintendent - Batac City

Dear **Dir. Aquino**:

Greetings of peace and wellness!

In support of the Department of Health's agenda to promote mental health and strengthen community-based interventions, we are pleased to invite your esteemed office to participate in the upcoming **"Suicide Education and Awareness Training"** on **August 11-15, 2025** in Calasiao, Pangasinan. This initiative, organized by Ilocos Center for Health - DOH, aims to equip education stakeholders with the necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.

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Thank you.

Very truly yours,

PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
Director IV

For the Regional Director:

PRETCHEND P. TOLENTINO, MD, MCHM, CESE
Director III



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Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



June 26, 2025

DIR. TOLENTINO G. AQUINO
Regional Director
Department of Education Region 1
Flores St., Catbangen, San Fernando City
2500 La Union

Thru: **DR. ELY S. UBALDO, CESO VI**
Schools Division Superintendent - Alaminos City

Dear **Dir. Aquino**:

Greetings of peace and wellness!

In support of the Department of Health's agenda to promote mental health and strengthen community-based interventions, we are pleased to invite your esteemed office to participate in the upcoming **"Suicide Education and Awareness Training"** on **August 11-15, 2025** in Calasiao, Pangasinan. This initiative, organized by Ilocos Center for Health - DOH, aims to equip education stakeholders with the necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.

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Mr. Erwin M. Baclic, Jr., Program Manager of the Mental Health Program, will coordinate with your staff regarding this matter. He may be reached at mobile number no. 0919-092-7454 or 0912-323-4307 and e-mail address at pedu@ilocos.doh.gov.ph.

Thank you.

Very truly yours,

PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
Director IV

For the Regional Director:

PRETCHIELL P. TOLENTINO, MD, MCHM, CESE
Director III



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Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



June 26, 2025

DIR. TOLENTINO G. AQUINO CESO III

Regional Director
Department of Education Region I
Flores St., Catbangen, San Fernando City
2500 La Union

Thru: **DR. JOEL B. LOPEZ CESO V**
Schools Division Superintendent - Ilocos Sur

Dear **Dir. Aquino**:

Greetings of peace and wellness!

In support of the Department of Health's agenda to promote mental health and strengthen community-based interventions, we are pleased to invite your esteemed office to participate in the upcoming **"Suicide Education and Awareness Training"** on **August 11-15, 2025** in Calasiao, Pangasinan. This initiative, organized by Ilocos Center for Health - DOH, aims to equip education stakeholders with the necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.

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Thank you.

Very truly yours,

PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
Director IV

For the Regional Director:

PRETCHIELL P. TOLENTINO, MD, MCHM, CESE
Director III



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Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



June 26, 2025

DIR. TOLENTINO G. AQUINO
Regional Director
Department of Education Region I
Flores St., Catbangen, San Fernando City
2500 La Union

Thru: **DR. JOANN A CORPUZ CESO V**
Schools Division Superintendent - Laoag City

Dear **Dir. Aquino**:

Greetings of peace and wellness!

In support of the Department of Health's agenda to promote mental health and strengthen community-based interventions, we are pleased to invite your esteemed office to participate in the upcoming **"Suicide Education and Awareness Training"** on **August 11-15, 2025** in Calasiao, Pangasinan. This initiative, organized by Ilocos Center for Health - DOH, aims to equip education stakeholders with the necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks - particularly among children and adolescents.

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Thank you.

Very truly yours,

PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
Director IV

For the Regional Director:

PRETCHILL P. TOLENTINO, MD, MCHM, CESE
Director III



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Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



June 26, 2025

DIR. TOLENTINO G. AQUINO
Regional Director
Department of Education Region 1
Flores St., Catbangan, San Fernando City
2500 La Union

Thru: **VILMA D. EDA CESO V**
Schools Division Superintendent - Vigan City

Dear Dir. Aquino:

Greetings of peace and wellness!

In support of the Department of Health's agenda to promote mental health and strengthen community-based interventions, we are pleased to invite your esteemed office to participate in the upcoming **"Suicide Education and Awareness Training"** on **August 11-15, 2025** in Calasiao, Pangasinan. This initiative, organized by Ilocos Center for Health - DOH, aims to equip education stakeholders with the necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.

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Thank you.

Very truly yours,

PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
Director IV

For the Regional Director:

PRETCHELL P. TOLENTINO, MD, MCHM, CESE
Director III



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Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



June 26, 2025

DIR. TOLENTINO G. AQUINO
Regional Director
Department of Education Region 1
Flores St., Caibangon, San Fernando City
2500 La Union

Thru: **DR. VIVIAN LUZ S. PAGATPATAN, CESO VI**
Schools Division Superintendent - Pangasinan II

Dear **Dir. Aquino**:

Greetings of peace and wellness!

In support of the Department of Health's agenda to promote mental health and strengthen community-based interventions, we are pleased to invite your esteemed office to participate in the upcoming **"Suicide Education and Awareness Training"** on **August 11-15, 2025** in Calasiao, Pangasinan. This initiative, organized by Ilocos Center for Health - DOH, aims to equip education stakeholders with the necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.

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Thank you.

Very truly yours,

PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
Director IV

For the Regional Director:

PRETCHELL P. TOLENTINO, MD, MCHM, CESE
Director III



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Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



June 26, 2025

DIR. TOLENTINO G. AQUINO

Regional Director
Department of Education Region 1
Flores St., Cathangen, San Fernando City
2500 La Union

Thru: **DR. FATIMA R. BOADO, CESO V**
Schools Division Superintendent - Pangasinan I

Dear **Dir. Aquino**:

Greetings of peace and wellness!

In support of the Department of Health's agenda to promote mental health and strengthen community-based interventions, we are pleased to invite your esteemed office to participate in the upcoming **"Suicide Education and Awareness Training"** on **August 11-15, 2025** in Calasiao, Pangasinan. This initiative, organized by Ilocos Center for Health - DOH, aims to equip education stakeholders with the necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.

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Thank you.

Very truly yours,

PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
Director IV

For the Regional Director:

PRETCHALL P. TOLENTINO, MD, MCHM, CESE
Director III



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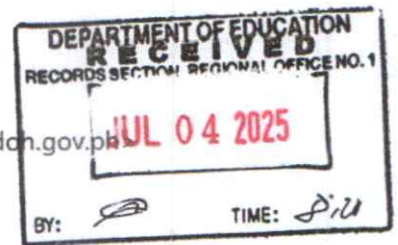
[Invitation Letter] Suicide Education and Awareness Training (SEAT) August 11-15, 2025

From Non-Communicable Disease Ilocos CHD <ncd@ilocos.doh.gov.ph>

Date Thu 7/3/2025 4:27 PM

To DEPED I ILOCOS REGION <region1@deped.gov.ph>

Cc Arwin Baclig <arwinbaclig@gmail.com>; Erwin Baclig Jr <EMBacligJr@ilocos.doh.gov.ph>



6 attachments (1 MB)

Dagupan City SDS.pdf; La Union SDS.pdf; San Fernando City SDS.pdf; San Carlos City SDS.pdf; Ilocos Norte SDS.pdf; Urdaneta City SDS.pdf;

Good day ma'am/sir,

Warm greetings!

Respectfully sending a copy of invitation letters for the conduct of Suicide Education and Awareness Training (SEAT) on August 11-15, 2025.

Attached to this e-mail are letters for the following:

- Ilocos Norte SDS
- La Union SDS
- San Fernando City SDS
- Dagupan City SDS
- San Carlos City SDS
- Urdaneta City SDS

Thank you for the anticipated participation of your office on this event.

--

Sincerely,



Ilocos Center for Health Development
Disease Prevention & Control Section

NON-COMMUNICABLE DISEASES UNIT

- ☎ (072) 607-6413 loc 219
- ✉ ncd@ilocos.doh.gov.ph
- 🌐 Healthy Region 1
- 📍 Panay, City of San Fernando, La Union

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Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



July 2, 2025

DIR. TOLENTINO G. AQUINO
Regional Director
Department of Education Region I
Flores St., Catbangan, San Fernando City
La Union, 2600

Thru: **DR. AGUEDO C. FERNANDEZ, CESO VI**
Schools Division Superintendent - Urdaneta City

Dear **Dir. Aquino**:

Greetings of peace and wellness!

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Thank you.

Very truly yours,

PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
Director IV

For the Regional Director:

PRETCHEIL M. TOLENTINO, MD, MCHM, CEF





Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



July 2, 2025

DIR. TOLENTINO G. AQUINO

Regional Director
Department of Education Region I
Flores St., Catbangen, San Fernando City
La Union, 2600

Thru: **DR. SHEILA MARIE A. PRIMICIAS, CESO VI**
Schools Division Superintendent - San Fernando City

Dear **Dir. Aquino**:

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Thank you.

Very truly yours,

PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
Director IV

For the Regional Director:

PRETCHINAP. TOLENTINO, MD, MCHM, CESE





Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



July 2, 2025

DIR. TOLENTINO G. AQUINO

Regional Director
Department of Education Region I
Flores St., Catbangen, San Fernando City
La Union, 2600

Thru: **DR. DIOSDADO I. CAYABYAB, CESO VI**
Schools Division Superintendent - San Carlos City

Dear **Dir. Aquino**:

Greetings of peace and wellness!

In support of the Department of Health's agenda to promote mental health and strengthen community-based interventions, we are pleased to invite your esteemed office to participate in the upcoming **"Suicide Education and Awareness Training"** on **August 11-15, 2025** in Calasiao, Pangasinan. This initiative, organized by Ilocos Center for Health - DOH, aims to equip education stakeholders with the necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.

In this regard, we respectfully request your office to designate two (2) representatives from your division – preferably a guidance counselor, school health personnel or mental health focal – to attend the said training. Their participation will contribute to the continuing effort to create safe and responsive learning environments aligned with both the DOH and DepEd's shared goal of holistic learner development and well-being.

Kindly confirm your agency's participation and provide the name of your representative **on or before July 9, 2025** by scanning the QR code below or through this link: <https://forms.gle/8msFWUyNBz4xwxCH6>. The board and lodging shall be shouldered by this Office. However, may we request that transportation, per diems, and other incidental expenses be borne by your office.

Mr. Erwin M. Baclig, Jr., Program Manager of the Mental Health Program, will coordinate with your staff regarding this matter. He may be reached at mobile number no. 0919-092-7454 or 0912-323-4307 and e-mail address at ncd@ilocos.doh.gov.ph.

Thank you.

Very truly yours,

PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
Director IV

For the Regional Director:

PRETCHIA P. TOLENTINO, MD, MCHM, CESE
Director III





Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



July 2, 2025

DIR. TOLENTINO G. AQUINO
Regional Director
Department of Education Region I
Flores St., Catbangan, San Fernando City
La Union, 2600

Thru: **MR. JORGE M. REINANTE, CSEE, CEO VI, CESO V**
Schools Division Superintendent - La Union

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Director IV

For the Regional Director:

PRETCHANA P. TOLENTINO, MD, MCHM, CSEF



SCAN ME



Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



July 2, 2025

DIR. TOLENTINO G. AQUINO CESO III

Regional Director
Department of Education Region I
Flores St., Catbangen, San Fernando City
La Union, 2600

Thru: **ATTY. DONATO D. BALDERAS JR.**
Schools Division Superintendent - Ilocos Norte

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Director IV

For the Regional Director:

PRETCHER P. TOLENTINO MD MCHM CEF





Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



July 2, 2025

DIR. TOLENTINO G. AQUINO

Regional Director
Department of Education Region I
Flores St., Catbangen, San Fernando City
La Union, 2600

Thru **DR. ROWENA C. BANZON CESO V**
Schools Division Superintendent - Dagupan City

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