



Republic of the Philippines
Department of Education

REGION I
SCHOOLS DIVISION OF THE CITY OF BATAC

Advisory No. **180** s. 2025

04 AUG 2025

In compliance with DepEd Order (DO) No. 8, s. 2013
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
(Visit www.deped.gov.ph)

**INVITATION TO NUTRIRUN (NUTRISYON PARA SA UGNAYAN NA TIYAK,
RESILIENT, INCLUSIVE AT RESPONSIBLE PARA SA UNLAD NG NAYON)**

Mariano Marcos Memorial Hospital and Medical Center will be conducting a
NUTRIRUN (Nutrisyon para sa Ugnayan na Tiyak, Resilient, Inclusive at Responsible
para sa Unlad ng Nayon) at Imelda Cultural Center, on August 2, 2025.

The activity aims to promote health, well-being, and community engagement.

Registration fee of Php 350.00 per participant will directly fund the revision of
Information, Education and Communication (IEC) materials, upgrade design and
features of materials, and supplementary efforts tied on the recently concluded
Sports Nutrition Seminar. Attendance of the interested participants shall be
VOLUNTARY. Interested participants can register through
<https://forms.gle/cWGUDrgjmMxb1Ayz9>.

For more information and other concerns please contact:

MR. JULIUS CABRAL/MS. MERCY LENN ARZADON

Nutrition Dietitian

CP No.: 09264810738/09173286539

Email: ndsmmmh@gmail.com

For information.

SGDD/jla/DA-MMMH
2511042/0006/August 1, 2025



Republic of the Philippines
Department of Health - Center for Health Development I

MARIANO MARCOS MEMORIAL HOSPITAL AND MEDICAL CENTER

City of Batac, Ilocos Norte | Trunk line: 077-600-8000 | E-mail address: mmmh_doh@yahoo.com

"PHIC Accredited Health Care Provider"

"ISO 9001:2015 Certified"

"PGS Institutionalized"



July 21, 2025

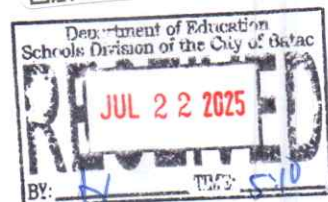
HON. ANSELMO R. ALUDINO

Schools Division Superintendent

City of Batac, Ilocos Norte

Dear Hon. Aludino,

Warm greetings from the Nutrition and Dietetics Department!



In line with the nationwide observance of Nutrition Month this July-mandated through Presidential Decree No. 491, or the Nutrition Act of the Philippines-we respectfully request your support for one of our featured activities: the **NutriRUN ("Nutrisyon para sa Ugnayan na Tiyak, Resilient, Inclusive at Responsible para sa Unlad ng Nasyon")**. This event will serve as a meaningful platform to promote health and community engagement within the city.

This meaningful event aims to promote health, well-being, and community engagement, and is scheduled to take place on August 2, 2025, starting at 4:00AM at the Imelda Cultural Center-a centrally located and accessible venue ideal for launching the activity.

We kindly request the participation of teachers, whose presence would greatly amplify the message of nutrition, resilience, and inclusivity across education institutions. A minimum of three (3) representatives per school would be greatly appreciated. Registration link: <https://forms.gle/cWGUDrgimMxb1Ayz9>

The registration fee of Php 350.00 per participant will directly fund the following initiatives:


- The revision of Information, Education and Communication (IEC) materials for distribution during nutrition counseling sessions, updated in Tagalog and Iloco to enhance patient understanding.
- Upgraded design and features of materials to ensure relevance and appeal.
- Supplementary efforts tied to our recently concluded Sports Nutrition Seminar held last July 11, 2025.

Participants will receive complimentary snacks and running singlet upon registration.

We hope for your kind endorsement and support as we continue to champion nutrition education and community wellness. Should you require further details or coordination, we are more than willing to meet and discuss the logistics you may call 09264810738/ 09173286539 and look for Mr. Julius Cabral/ Ms. Mercy Lenn Arzadon our Nutritionist Dietitian or send your email at ndsmmmh@gmail.com.

Thank you for your continued commitment to public health and service. We look forward to your favorable response.

Respectfully yours,


CHRISTY AMOR A. VILORIA, RPh, RND, MAPA
Nutritionist-Dietitian V
Head- Nutrition and Dietetics Department

Noted by:


JHOAN T. GALANO, RPh, DPSHBT, FPSPH, MBAH
OIC-Alled Health Professional Services


MARIA LOURDES K. OTYAZA, MD, MHA, CESO V, FPOGS
Medical Center Chief II



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