



Republic of the Philippines
Department of Education

REGION I
SCHOOLS DIVISION OF THE CITY OF BATAC

DIVISION MEMORANDUM
No. 503, s. 2025

10 SEP 2025

**DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND, FOOT, AND MOUTH
DISEASE (HFMD)**

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Unit & Section Heads
Public School Heads Concerned
All Others Concerned

1. In line with Division Memorandum No. 335, s. 2022 and OUGFO Memorandum No. 2022-03-1690 dated October 19, 2022, titled "*Dissemination of DOH's Public Advisory on Hand, Foot, and Mouth Disease (HFMD)*," this Office reiterates the importance of implementing preventive and control measures against HFMD in schools.
2. The initiative seeks to safeguard school-aged children from the risks of HFMD. In this regard, all teachers and health personnel are strongly encouraged to continuously educate learners on the following preventive practices:
 - Frequent and proper handwashing;
 - Observing health and safety measures such as the proper use of face masks; and
 - Covering the mouth and nose when coughing or sneezing to prevent the spread of infection.
3. Schools are directed to promptly report HFMD cases to the Division Office-School Health Unit for appropriate guidance and assistance, using the prescribed reporting template attached herewith.
4. For reference, copies of Division Memorandum No. 335, s. 2022 and OUGFO Memorandum No. 2022-03-1690 are likewise enclosed.
5. For your information, guidance, and strict compliance.

ANSELMO R. ALUDINO
Schools Division Superintendent

Encl.: As stated
Reference: As stated
To be indicated in the Perpetual Index
under the following subjects:

PROGRAMS

SGOD/jbj/HFMD25-26
September 3, 2025

By the Authority of the SDS:


ARNEL S. BANDIOLA
Assistant Schools Division Superintendent



SDCB RECORDS UNIT

2513783



DepEd Batac City



batac.city@deped.gov.ph



www.csdбатаc.com

Asuncion Street, 16-S Quiling Sur,
City of Batac, Ilocos Norte
Telephone No.: (077) 677-1993



Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF THE CITY OF BATAC

REPORTED CASES OF HAND, FOOT AND MOUTH DISEASE AND OTHER COMMUNICABLE DISEASES
(Month and Year)
Name of School

Name of Learner/Personnel	Age/Sex	Grade Level- Section/ Designation	Number of Cases						Intervention (Treated or Not Treated)	Status (Improved or Not Improved)
			HFMD	Dengue	Pneumonia	Monkey Pox	Flu	Flu-like Symptoms	Others	

Prepared by:

Noted:

School Clinic Teacher Designate

School Head



Asuncion Street, 16-S Quiling Sur, City of Batac, Ilocos Norte

Telephone No.: (077) 677-1993



DepEd Batac City



batac.city@deped.gov.ph



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Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF THE CITY OF BATAC

25 Oct 2022

DIVISION MEMORANDUM
No. 335, s. 2022

DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND, FOOT, AND MOUTH DISEASE

To: All Elementary and Secondary School Heads
All Others Concerned

1. The Schools Division of the City of Batac disseminates the Department of Health's (DOH) public advisory against the highly infectious Hand, Foot and Mouth Disease (HFMD) common in young children.
2. In this regard, teachers and health personnel are encouraged to educate the learners to practice preventive habits such as frequent handwashing and to observe health and safety measures such as wearing of face mask and covering one's mouth when sneezing or coughing to avoid transmission of the infection.
3. Herein attached is copy of OUGFO No. 2022-03-1690 for reference.
4. For information and guidance.

JOEL B. LOPEZ, EdD, CESO V
Schools Division Superintendent

Encl.: As stated
Reference: OUGFO No. 2022-03-1690
To be indicated in the Perpetual Index
under the following subjects:

OKD WINS, MNS

MVM/DM-Dissemination of DOH Public Advisory on HFMD
October 25, 2022




Republic of the Philippines
Department of Education
OFFICE OF THE UNDERSECRETARY
GOVERNANCE AND FIELD OPERATIONS

OUGFO No. 2022-03-1690

MEMORANDUM

19 October 2022

FOR : Regional Directors and BARMM Minister of Education
Schools Division Superintendents
School Health Personnel
Public and Private Elementary and Secondary School Heads and
Teachers
All Others Concerned

FROM :  **ATTY. REVSEE A. ESCOBEDO** *vsy*
Undersecretary for Governance and Field Operations

SUBJECT : **DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND,
FOOT, AND MOUTH DISEASE**

This Office, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), disseminates the Department of Health's (DOH) public health advisory (Annex A) against the highly infectious Hand, Foot, and Mouth Disease (HFMD) common in young children.

This is to ensure the safety of the learners amidst of an outbreak of the disease in several towns in Batangas province, particularly in the areas of San Pascual and Cuenca, where over 100 children have been reported to have caught the viral infection, prompting the suspension of face-to-face classes in all public and private schools from elementary to high school.

In this regard, teachers and school health personnel are encouraged to educate the learners to practice preventive habits such as frequent hand-washing and to observe health and safety measures such as wearing of face mask and covering one's mouth when sneezing or coughing to avoid the transmission of infection.

For more information on this subject, please contact Dr. Maria Corazon C. Dumlao, Chief Program Officer, BLSS-SHD, through (02) 8632-9935 or email at blss.shd@deped.gov.ph.

For immediate dissemination.

ANNEX A



PHILIPPINE HEALTH ADVISORIES

Hand, Foot, and Mouth Disease

Hand, foot, and mouth disease (HFMD) is a common viral illness of infants and children.

It should not be confused with foot-and-mouth (also called hoof-and-mouth) disease of cattle, sheep, and swine. Infected individuals are most contagious during the first week of their illness. HFMD cannot be contracted from pets or animals. Incubation period is 2-14 days



Cause

A virus of the family Picornaviridae, genus *Aphthovirus*

Mode of Transmission

Spreads by contact with nose and throat discharges, saliva of infected persons, or after touching contaminated objects

Signs and Symptoms

- Fever
- Sore throat
- Feeling of being unwell (malaise)
- Painful, red, blister-like lesions on the tongue, gums, and inside of the cheeks
- Red rash, without itching but sometimes with blistering, on the palms, soles, and sometimes the buttocks
- Irritability in infants and toddlers
- Loss of appetite

Treatment

- Treatment is directly toward relief of symptoms (fever and sore throat).
- There is no specific treatment. Signs and symptoms usually clear up in 7-10 days.
- A topical oral anesthetic may help relieve the pain of mouth sores.
- Over-the-counter pain medications other than aspirin, such as acetaminophen or ibuprofen, may help relieve general discomfort.

Prevention and Control

- There is no specific way to prevent the infection. Good hygiene (e.g., proper handwashing) can decrease the risk of spreading the disease.
- Disinfect premises and all infected materials (implements, cards, clothes, etc.).

References

- DOH Philippines. (2005). Health Advisory on Foot and Mouth Disease.
- Mersch, John. (2011). Hand Foot and Mouth (HFMD) Disease. Retrieved from http://www.medicinenet.com/hand-foot-and-mouth_syndrome/article.htm

Image from <http://www.empowher.com/media/reference/hand-foot-and-mouth-disease>


10/24/22, 11:50 AM

Department of Education Mail - [For Information] OUGFO Memo Dissemination of DOH's Public Advisory on Hand, Foot, a...

Irmina Garcia

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Department of Education
Bureau of Learner Support Services
School Health Division
Rm. 302, 3rd Floor, Mabini Bldg.
DepED Complex, Meralco Avenue
Pasig City 1600
(02) 6329935

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 **UGFO-2022-03-1690-Dissemination-of-DOHs-Public-Advisory-on-HandFoot-and-Mouth-Disease-**
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