



Republic of the Philippines
Department of Education
REGION I

SCHOOLS DIVISION OF THE CITY OF BATAC

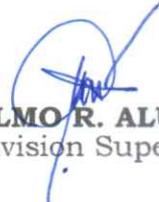
DIVISION MEMORANDUM
No. **676** s. 2025

13 OCT 2025

OBSERVANCE AND CELEBRATION OF THE 2025 MENTAL HEALTH MONTH

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Unit & Section Heads
Public and Private School Heads
All Others Concerned

1. Pursuant to Regional Memorandum No. 1338, s. 2025 titled Observance and Celebration of the 2025 Mental Health Month, the Schools Division of the City of Batac enjoins all public and private elementary and secondary schools to commemorate the following observances:
 - a. World Mental Health Day on October 10, 2025 with the theme “ Access to Services-Mental Health in Catastrophes and Emergencies”; and
 - b. National Mental Health Week on October 6-12, 2025.
2. The activities aim to:
 - a. Promote awareness and understanding of mental health and well-being among learners, teachers and personnel;
 - b. Encourage schools to implement initiatives that foster positive and supportive mental health environments; and
 - c. Highlight the collective responsibility of the education community in promoting mental well-being and reducing stigma related to mental health.
3. All schools are highly encouraged to conduct relevant school-based activities such as but not limited to socialization activities during break time, prayer for mental health before the start of the class and awareness campaign on mental health.
4. Attached are Regional Memorandum No. 1338, s. 2025 and Memorandum-OM-OUGOPS-2025-03-05776 for reference on the recommended activities and materials to be used.
5. For information and guidance.


ANSELMO R. ALUDINO
Schools Division Superintendent

Encl.: As stated
Reference: As stated
To be indicated in the Perpetual Index
under the following subjects:

PROGRAMS HEALTH EDUCATION

SGOD/jirm/DM MentalHealthCelebration2025
2515993/25036/October 8, 2025