



Republic of the Philippines
Department of Education

REGION I
SCHOOLS DIVISION OF THE CITY OF BATAC

Advisory No. **283**, s. 2025

13 NOV 2025

In compliance with DepEd Order (DO) No. 8, s. 2013
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
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**6th INTERNATIONAL SEMINAR-WORKSHOP OF THE PHYSICAL EDUCATORS
ASSOCIATION OF THE PHILIPPINES (PEAP)**

Attached is a letter from Dr. Estela F. Diaz re conduct of the 6th International Seminar-Workshop of the Physical Educators Association of the Philippines (PEAP) on November 26-28, 2025 at Mariano Marcos State University, Batac, Ilocos Norte with the theme, "Enhancing Physical Education Teachers Competencies and Continuous Training Program for Dance, Fitness, Sports, and Research".

Said activity is open to MAPEH and dance teachers, dance sports and fitness trainers, choreographers, and members of dance troupes. Participation in this conference is strictly voluntary and shall not be made a requirement for any official performance evaluation or assignment.

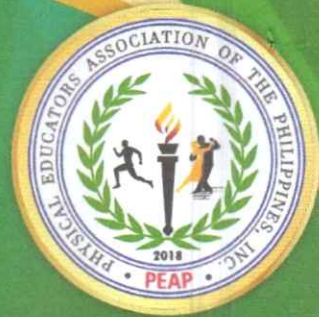
For further details and other queries, please refer to the attached letter.

For information.

QZC/ADV_6th International Seminar-Workshop of PEAP
2517702/5074/November 6, 2025

PHYSICAL EDUCATORS ASSOCIATION OF THE PHILIPPINES, INC. (PEAP)

"ONE TEAM,
ONE GOAL, ONE PEAP"



CONTACT

☎ 09478902014

✉ Estela Forbes Diaz

✉ peapinc.office@gmail.com

🌐 <https://www.facebook.com/PEAPOFFICIAL>

PEAP OFFICERS

DR. ESTELA F. DIAZ

PEAP President

PROF. CONRADO S. CONTRERAS JR.

VP for External Affairs

PROF. EILEEN MARIE C. DE LEON

VP for Internal Affairs

PROF. SHARON L. BURAGA

PEAP Secretary

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PEAP Assistant Secretary

PROF. MARIFEL R. MULI

PEAP Treasurer

October 31, 2025

DR. ANSELMO R. ALUDINO

Schools Division Superintendent, City of Batac, Ilocos Norte

Thru: MR. ARNEL S. BANDIOLA

Assistant Schools Division Superintendent, City of Batac, Ilocos Norte

**Re: PARTICIPANTS OF THE 6TH INTERNATIONAL SEMINAR-
WORKSHOP - PEAP**

Sir/Ma'am

Greetings from the Physical Educators Association of the Philippines!

The Physical Educators Association of the Philippines Incorporated (PEAP) will conduct its 6th International Seminar/Workshop on November 26 to 28, 2025 in partnership with Mariano Marcos State University, Batac Ilocos Norte with the theme of "Enhancing of Physical Education Teachers Competencies a continuous training Program for Dance, Fitness, Sports and Research" to be held at Mariano Marcos State University Batac Ilocos Norte.

The three-days seminar/workshop includes dance session, lecture-demonstration, and culminating showcase by all the participants.

A registration fee of Three Thousand Eight Hundred Pesos (P 3,800.00) shall be charged to cover workshop expenses including 2 snacks lunch, workshop materials, payment for the venue, honoraria for the resource speakers, certificate and other expenses incidental to the holding of this seminar.

In this connection may we invite you and other MAPEH/PE Teachers, Dance Teachers, Sports Dance and Fitness Trainers, Choreographers, Members of the Dance Groups and Students to attend the said activity.

For more information, please contact the following:

*Name of Account: Physical Educators Association of the Philippines. Inc.

Name of Bank: **BPI Account No. 002273-0615-01**

*Estela F. Diaz - **09478902014**

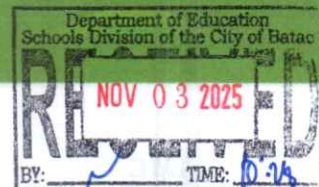
Gmail: peapinc.office@gmail.com

Thank you for your kind support and cooperation in the promotion of Physical Education in the country.

Sincerely yours,

DR. ESTELA F. DIAZ

PEAP President



SDCB RECORDS UNIT

2517702



PHYSICAL EDUCATORS ASSOCIATION OF
THE PHILIPPINES, INC. (PEAP)

6TH INTERNATIONAL SEMINAR-WORKSHOP

"ENHANCING PHYSICAL EDUCATION TEACHERS COMPETENCIES A CONTINUOUS TRAINING
PROGRAM FOR DANCE, FITNESS, SPORTS AND RESEARCH."

Ilocos Region

26-28 NOVEMBER 2025
7:00 AM - 5:00 PM

MARIANO MARCOS STATE UNIVERSITY, BATAC, ILOCOS NORTE

In Partnership with:



#OneTeam,OneGoal

One Peap

-MISSION-

To produce competent Physical Educators who are well-equipped with the necessary competencies by providing them with current trends in all components of Physical Education

-VISION-

To be recognized as expert provider of academic programs in Physical Education in order to meet the challenges of the 21st Century.

-CORE VALUES-

- P - assionate Professionals (in Physical Education)
- E - xcellent (in all components of Physical Education)
- A - daptive (to the current trends in Teaching P.E)
- P - henominal (outstanding, Remarkable)

-Committee-

OVERALL COMMITTEE CHAIRPERSON

Prof. Neriza Tamayo

CO-OVERALL COMMITTEE CHAIRPERSON

Estela F. Diaz, Ed.D

PROGRAM CHAIRPERSON

Eileen Marie C. De Leon
Dr. Gorge M. Bagaoisan

CO-PROGRAM CHAIRPERSON

John Benedict D. Ibanez

SECRETARIAT

Sharon L. Buraga

FINANCE COMMITTEE

Marifel R. Muli

EVALUATION COMMITTEE

Rommel Tilbe
Rielanne A. Batilo

DOCUMENTATION COMMITTEE

Dr. James G. Ventura III
Aleli Arceo
Mitchelle kahiwat

TECHNICAL COMMITTEE

Irma Escobia
Edilrose R. Candelasa

-Officers-

PRESIDENT	Estela F. Diaz, Ed.D
VP FOR INTERNAL AFFAIRS	Eileen Marie C. De Leon
VP FOR EXTERNAL AFFAIRS	Conrado S. Contreras Jr.
SECRETARY	Sharon Buraga
TREASURER	Marifel R. Muli

DAY 1
NOVEMBER 26, 2025

7:00 AM - 8:30 AM
ARRIVAL/REGISTRATION/SOCIALIZATION
PEAP Officers & MNSU-PE Department

8:30 AM - 10:00 AM
OPENING PROGRAM

Song of Praise & Honor Thy Flag

PRESANTATION OF PARTICIPANTS

Dr. Lorna Espeso, EAC & PEAP Board Member

WELCOME REMARKS

Dr. Ronald Candy S. Lasaten Dean, CTE - MMSU

INSPIRATIONAL MESSAGE

Prof. Hosong So, IOSHK Chairman

PRESIDENT'S REPORT

Estela F. Diaz, Ed.D, PEAP President

WALKTHROUGH OF THE PROGRAM

Prof. Eileen Marie G. De Leon - Head Teacher, T. Paez JHS

10:00 AM - 12:00 NN
THE ROLE OF PE IN HIGHER EDUCATION

Dr. Lordino Vergara,

VP for Finance and Administration - PNU

LUNCH BREAK

1:00PM - 3:00PM
RESEARCH

Dr. Lorna Espeso, EAC & PEAP Board Member

3:00 PM - 5:00 PM
FOLK DANCE

Prof. Rowell C. Tagatue, Asst. prof. III - MMSU

5:00 PM - 6:00 PM
CULTURAL PRESENTATION

MMSU Dance Troupe

OFFICER OF THE DAY

Mr. Marz B. Taylan

Master of Ceremonies

Mr. Marvinson Palce & Mr. Marz B. Taylan

DAY 2
NOVEMBER 27, 2025

DAY 2
NOVEMBER 27, 2025

7:00 AM - 7:30 AM
ATTENDANCE

7:30 AM - 8:00 AM
WARM-UP

Prof. George Prado, National Adjudicator

8:00 AM - 10:00 AM
SOCIAL DANCE

Dr. Ferdie T. Lubis, Chairperson PUP Manila

10:00 AM - 10:15 AM
SNACK BREAK

10:15 AM - 12:00 NN
PHYSICAL ACTIVITIES AND GADGET USE AMONG CHILDREN

Dr. Victor F. Flores, CYSU

12:00 NN - 1:00 PM
LUNCH BREAK

1:00 PM - 4:00 PM
PHILIPPINE TRADITIONAL AND NON-TRADITIONAL GAMES

Robert Alvin A. Yap and April May S Bonuan

5:00 PM - 6:00 PM
REGULAR ANNUAL MEETING AND ELECTION OF REGIONAL COORDINATORS

OFFICER OF THE DAY

Mr. Nhanfrey Agapay

Master of Ceremonies

Mr. Nhanfrey Agapay & Mr. Michael N. Padu

DAY 3
NOVEMBER 28, 2025

7:00 AM - 7:15 AM
ATTENDANCE

7:15 AM - 7:30 AM
WARM-UP

Prof. Aleli Alreo, UDM

7:30 AM - 9:30AM
A SOCIAL CONSTRUCTIVIST PERSPECTIVE ON TEACHING AND LEARNING

Dr. Naoki Susuki, Tokyo Gakugei University

9:15 AM - 9:30 AM
SNACK BREAK

10:00AM - 12:00 NN
FOLK DANCE

Prof. Conrado S. Contreras Jr, EPS SDO Manila

PEAP VP for External Affairs

12:00 NN - 1:00 PM
LUNCH BREAK

1:00 PM - 3:00 PM
RESEARCH PRESENTATION

Moderator and in charge Research Presentation

Dr. Estela Diaz

Prof. Neriza Tamayo

Dr. Regz Dumduwaya

Dr. Lorna Espeso

Dr. Hernando Diaz

3:00 PM - 5:00 PM
COLISING PROGRAM, DISTRIBUTION OF CERTIFICATES & GROUP PRESENTATIONS

OFFICER OF THE DAY

Prof. Rómmel Tilbe, Adu

Master of Ceremonies

Prof. Eileen Marie G. De Leon - Head Teacher, T. Paez JHS

DAY 4
NOVEMBER 29, 2025

EDUCATIONAL TOUR

NOTE: THOSE WHO ARE INTERESTED TO JOIN IN THE EDUCATIONAL TOUR COORDINATE TO MMSU FACULTY.

#OneTeam,OneGoal
One Step



In Partnership with:

Program