



Republic of the Philippines
Department of Education

REGION I
 SCHOOLS DIVISION OF THE CITY OF BATAC

Advisory No. **018** s. 2026

22 JAN 2026
 In compliance with DepEd Order (DO) No. 8, s. 2013
 this advisory is issued not for endorsement per DO 28, s. 2001,
 but only for the information of DepEd officials,
 personnel/staff, as well as the concerned public.
 (Visit www.deped.gov.ph)

**NUTRITION CAMPAIGN TO PROMOTE HEALTHY EATING AND
 NUTRITION AWARENESS 2026**

The Department of Education-Schools Division of the City of Batac, in coordination with Gardenia Bakers Philippines, will continue to conduct a free 1-day (1 to 1.5 hours) nutrition campaign to promote healthy eating and nutrition awareness that started last year.

The schedule of the activity are as follows:

Date	Time	School
January 27, 2026	8:30 am	P.Q. Pimentel Elementary School
	10:30 am	Magnuang Elementary School
	1:30 pm	Tabug Elementary School
January 28, 2026	8:30 am	Batac National High School
	10:30 am	Dariwidiw Elementary School
	1:30 pm	Naguirangan-Capacuan Elementary School
January 29, 2026	8:30 am	City of Batac National High School Payao
	10:30 am	Payao Elementary School
	1:30 pm	Maipalig-Quiom Elementary School
January 30, 2026	8:30 am	City of Batac National High School Rayuray
	10:30 am	Rayuray Elementary School
	1:30 pm	Camandingan Elementary School

School heads concerned are advised to provide necessary assistance in the conduct of the activity.

For information.

SGOD SHU/jbj/26001 Gardenia
 2601004/January 21, 2026



DepEd Batac City



batac.city@deped.gov.ph



www.csdbatac.com

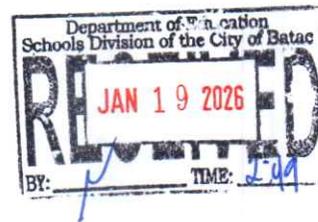
Asuncion Street, 16-S Quiling Sur,
 City of Batac, Ilocos Norte
 Telephone No.: (077) 677-1993



ANSELMO R. ALUDINO

Schools Division Superintendent

Schools Division Office of the City of Batac



Greetings from Gardenia!

The pandemic has changed the way schooling has been the past few years. As the schools continue to adapt the hybrid methods of learning, one thing remains - the concern for health and safety for the students, the teachers, school staff and all their families. In line with this and our company's continuing efforts to provide wellness programs and thereafter, partnered with our company's lasting mission in increasing consumer awareness on healthy eating and nutrition, Gardenia's Wellness team would like to partner with your good institution to be able to conduct a **FREE** 1-day school nutrition campaign. **The School Nutri-Tour program** is designed to equip the students with knowledge on nutrition and its role in strengthening the body against various diseases. The company sees this opportunity as very timely and relevant for the students as we are in a time where health is the priority.

School Nutri-Tour as a 1-day program is open for elementary and high school students and will approximately run for **1 to 1.5 hours**. The entire program shall be facilitated by the company's in-house Nutritionists who will visit the school (online or face-to-face depending on the school's preference) to conduct the set of following activities:

- Nutrition Lecture
- Mini Games
- Fitness Time
- Recipe Making activity
- Virtual Plant Tour
- Freebies (Product Sampling)

To reach more schools and students, we are implementing a **1 session per school** policy. Other specific details (such as **date of implementation, number of participants, etc.**) shall be discussed in the best interests of the team, the school and the students following established health protocols.

The full program of our School Nutri-Tour is as follows.

Elementary level (Grade 3 and up)	High School (Grade 7 and up)
0. Opening (5 minutes) · Program Introduction · Greetings · House Rules 1. Riddle Game (5 minutes) A short ice breaker game. 2. Healthy Eating Lecture (15-20 minutes) Discussion on Pinggang Pinoy and 3 major food groups. 3. Fitness Time (5 minutes) A guided exercise routine led by one of our Nutritionists to be done together with all student participants 4. Virtual Plant Tour (8-10 minutes) A virtual tour of our Laguna plant. See how your favorite Gardenia breads are made using highly specialized machines untouched by human hands! 5. Recipe Making (5-10 minutes) 6. Closing (5 minutes) Announcements and Class Picture	0. Opening (5 minutes) · Program Introduction · Greetings · House Rules 1. Mini Game (5 minutes) A short ice breaker game 2. Nutrition Lecture (20-25 minutes) Discussion of common nutrition topics (Holistic Health, Relationship of Food & Mental health) 3. Fitness Time (5 minutes) A guided exercise routine led by one of our Nutritionists to be done together with all student participants 4. Virtual Plant Tour (8-10 minutes) A virtual tour of our Laguna plant. See how your favorite Gardenia breads are made using highly specialized machines untouched by human hands! 5. Recipe Making (5-10 minutes) 6. Closing (5 minutes) Announcements and Class Picture

Tokens and Prizes:

All participants of School Nutri-Tour shall receive tokens of appreciation from Gardenia's GWellness Team. Tokens will include bread and non-bread items.

If you have inquiries or clarifications about this, kindly email us at wellness@gardenia.com.ph and message us through our Facebook page: [GWellness Nutritionists](#) or contact us through this number: **09989697249**.

Thank you and we are hoping for your favorable response.

Sincerely yours,

GWellness Team



PHOTO DOCUMENTATION

