



Republic of the Philippines
Department of Education

REGION I
SCHOOLS DIVISION OF THE CITY OF BATAC

Advisory No. **019**, s. 2026

23 JAN 2026

In compliance with DepEd Order (DO) No. 8, s. 2013
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
(Visit www.deped.gov.ph)

4TH DISASTER RISK REDUCTION MANAGEMENT (DRRM) CAMP 2026

The Schools Division of the City of Batac expresses its support for the Philippine Red Cross (PRC)-Ilocos Norte Chapter in the conduct of the 4th DRRM Camp 2026, in accordance with DepEd Memorandum No. 84, s. 2018.

The activity aims to strengthen disaster resilience among the youth. The eligible participants are Junior Red Cross Youth (Grades 4 to 6). Each school delegation shall be composed of 20 participants, including two (2) Disaster Risk Reduction and Management (DRRM) Focal Teachers. The venue for the camp will be Dingras Central Elementary School, Dingras, Ilocos Norte on February 27-28 and March 1, 2026.

For more information and complete details, please refer to the attached letter from the PRC-Ilocos Norte Chapter. For inquiries, you may contact the organizers at redcrossyouth.ilocosnorte@gmail.com or via mobile at 0915-177-2665.

School heads are advised to ensure that participation in this activity is voluntary and shall not disrupt regular classes, consistent with the department's "engaged time-on-task" policy.

For information.

SGOD SHU/jbj/26002 PRC4thDRRMCamp2026
2601053/January 21, 2026



DepEd Batac City



batac.city@deped.gov.ph



www.csdbatac.com

Asuncion Street, 16-S Quiling Sur,
City of Batac, Ilocos Norte
Telephone No.: (077) 677-1993



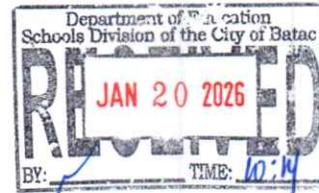
**PHILIPPINE RED CROSS
ILOCOS NORTE CHAPTER**

P. Gomez St., Brgy. 23 2900 Laoag City
Telefax: 077-772-0217, Tel. No.: 077-770-5615
Website: www.redcross.org.ph ; Email: ilocos.norte@redcross.org.ph



January 19, 2026

DR. ANSELMO R. ALUDINO
Schools Division Superintendent
Department of Education
Division of City of Batac



Dear Dr. Aludino,

The Philippine Red Cross (PRC), pursuant to its humanitarian mandate under Republic Act No. 10072, fulfills its auxiliary role to the government by supporting the implementation of the Philippine Disaster Risk Reduction and Management (DRRM) Act of 2010 (Republic Act No. 10121) and other related policies. It continues to strengthen disaster preparedness, response, and capacity-building initiatives for communities, schools, institutions, and workplaces.

In line with DepEd Memorandum No. 84, s. 2018, the Philippine Red Cross, through its Disaster Management Services, remains committed to promoting disaster preparedness, risk awareness, and resilience-building activities, particularly among the youth. In this regard, the Philippine Red Cross Ilocos Norte Chapter will conduct, on its 4th year, the **Youth Disaster Risk Reduction Management (DRRM) Camp**, highlighting the vital role of young people not only in disaster preparedness, prevention, and mitigation, but also in disaster response and recovery.

The contested activities shall be as follows;

- Youth First Aid Challenge
- Cheers and Yells
- Poster Making Contest
- DRR Role Play
- Cookfest
- Mister and Miss Junior RCY 2026

Topics during the camp shall also include:

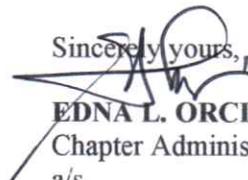
- Leadership Development Training
- Youth Advocacy on Preservation of Environment (YAPE)

In view hereof, we respectfully request your good office to enjoin the Junior Red Cross Youth (Grades 4–6) to participate in this worthwhile endeavor to be held at **Dingras Central Elem School District, Dingras, Ilocos Norte** on **February 27–28 and March 1, 2026**. Attached herewith are the program of activities and the contest guidelines which include the Youth First Aid Challenge-JRCY Category for your reference.

For inquiries and further details, you may contact us through email at redcrossyouth.ilocosnorte@gmail.com or via mobile number **0915-177-2665**.

Thank you so much for your kind and favorable consideration of this request. We truly appreciate your support.

Sincerely yours,


EDNA L. ORCINO
Chapter Administrator
a/s



**PHILIPPINE RED CROSS
ILOCOS NORTE CHAPTER**

P. Gomez St., Brgy. 23 2900 Laoag City
 Telefax: 077-772-0217, Tel. No.: 077-770-5615
 Website: www.redcross.org.ph ;Email: ilocos.norte@redcross.org.ph

4TH DRRM Camp 2026

ACTIVITY PROPOSAL

CHAPTER:	ILOCOS NORTE
NAME OF EVENT:	DRRM CAMP 2026
TARGET DATE:	February 27-March 1, 2026
TARGET VENUE:	Dingras Elem School District I Dingras, Ilocos Norte
TARGET # of ATTENDEES:	300 RCY

I. BACKGROUND:

The Philippine Red Cross (PRC), according to its humanitarian mandate in Republic Act 10072, performs its auxiliary role to the government through its support in implementing the Philippine Disaster Risk Reduction Management (DRRM) Law (RA 10121), and other related policies.

The Disaster Management Services as the lead service for Disaster Risk Reduction and Management continuously commit in the implementation of the different preparedness efforts, response and capacity building for communities, schools, institutions and workplaces.

Aligned with the DepEd Memorandum No. 84 s. 2018, the Philippine Red Cross through its Disaster Management Services (DMS) is committed to promoting disaster preparedness, awareness, activities and programs as well as awareness among youth.

The Philippine Red Cross Ilocos Norte Chapter is holding the Youth Disaster Risk Reduction Advocators’ Camp, showcasing that young people can play a significant role not only in the phases of preparedness, prevention, and mitigation but also during response

THEME:

DATE: February 27-March 1, 2026

PROPOSED VENUE: Dingras Central Elem School District I, Dingras Ilocos Norte

TARGET: 300RCY (minimum of 15) 20 Schools

OBJECTIVES

1. To be able to understand involvement of youth in Disaster Risk Reduction and Climate Change Adaptation for a safer community.
2. To identify the characteristics of a good leader especially in times of disaster and emergencies.
3. To promote camaraderie and active involvement among school-based volunteers through interactive and participative learning experience.
4. To instill the humanitarian values of Red Cross Movement.



PHILIPPINE RED CROSS ILOCOS NORTE CHAPTER

P. Gomez St., Brgy. 23 2900 Laoag City

Telefax: 077-772-0217, Tel. No.: 077-770-5615

Website: www.redcross.org.ph ; Email: ilocos.norte@redcross.org.ph

PARTICIPATION

The participants in the **Young DRR Advocators' Camp** are students and focal teachers coming from different elementary in the province of Ilocos Norte. **Delegation shall be composed of 20 participants including 2 DRR Focal Teachers.** They must be endorsed by the Adviser/Principal/President of the participating councils.

REQUIREMENTS

For Youth Participants:

- Age should be 10-13 years old/ grade 4-6.
- Must fill up the registration form and waiver duly signed by parents and guardians.
- Must be a current member of PRC and a holder of Membership Accidental Assurance Benefit (MAAB) on or before the date of the camp.

For Focal Teachers:

- Must fill up the registration form and waiver duly signed by authorized person.
- Must be a current member of PRC and a holder of Membership Accidental Assurance Benefit (MAAB) on or before the date of the camp.

REGISTRATION

- **Php 550.00 inclusive of T-shirt and camp kits.**
- Participants shall shoulder their transportation fees and food.
- Registration forms including waiver will be provided and filled up appropriately and must submitted to the Philippine Red Cross Ilocos Norte Chapter office on or before, **February 23, 2026**

ACCOMMODATION

- Participating councils will be assigned to their respective area for the duration of the camp.
- Bringing of personal tents will be required.
- Individual participants shall bring own beddings, gears, utensils and personal needs.
- The camp organizer will not issue camping gears to any delegation.

DRESS CODE

Breakout/ outdoor Activities:

- Shirt, pants/jogging pants, close/rubber shoes

Indoor/ plenary sessions:

- Casual outfit, shirt/blouse, pants, close/rubber shoes



**PHILIPPINE RED CROSS
ILOCOS NORTE CHAPTER**

P. Gomez St., Brgy. 23 2900 Laoag City
Telefax: 077-772-0217, Tel. No.: 077-770-5615
Website: www.redcross.org.ph ;Email: ilocos.norte@redcross.org.ph

Note: Slippers, shorts, sleeveless shirt, tattered pants and leggings are not allowed during session.

THINGS TO REMEMBER

1. Each school/ council is required to prepare a yell.
2. School/councils must have their respective delegates for the different activities.
3. Each school/council must duly accomplish the roles and responsibilities given to them in their respective committee throughout the duration of the camp.
4. Bringing of gadgets (camera, laptop, tablet, etc), valuable (accessories, big amount of money, etc.) are discouraged during the activity. In case of lost, PRC will not be held liable.

THINGS TO BRING

- Tents
- Food good for 3 days
- Cooking materials
- Kitchenettes (plates, glasses, spoon & fork, etc.)
- Beddings and toiletries
- Bathing essentials
- Mosquito repellent
- Appropriate clothes or attire
- Medication for simple ailments, allergies and other maintenance drugs
- Flashlight for emergency
- First aid kit (per council)
- School banner

MECHANICS AND GUIDELINES

A. Cheers and Yells

● Choreography (creativity, style and originality)	30%
● Mastery, Clarity and Volume (Loudness Cheers, Yells and Chants)	25%
● Synchronization (Oneness, of movement)	20%
● Execution (timing and coordination)	15%
● Overall Impact	10%
Total	100%

B. DRR Role Play

- All participating school councils are encouraged to have a representative for the said activity. Each group shall be composed minimum of 10 members and maximum of 15 member.



PHILIPPINE RED CROSS ILOCOS NORTE CHAPTER

P. Gomez St., Brgy. 23 2900 Laoag City
Telefax: 077-772-0217, Tel. No.: 077-770-5615
Website: www.redcross.org.ph ;Email: ilocos.norte@redcross.org.ph

- Each participating school should prepare a 5-7 minutes skit. After seven minutes, the participants will be stopped even if they're not yet finished. The skit should be DRR related.

Criteria for judging shall be:

▪ Uniqueness and Originality	40%
▪ Clarity of voice	20%
▪ Relevance to the topic	15%
▪ Costume and props	10%
▪ Overall impact	15%
	100%

C. POSTER MAKING CONTEST

Guidelines:

1. The school is allowed to send two (2) representatives.
2. The participants are given 2 hours to finish their work. The poster must illustrate, interpret and emphasize the DRRM camp theme.
3. The participants must bring all the necessary materials needed for the competition.
4. All scanned photographs, symbols or artworks from publications, or download from the internet, whose copyright to the other artist or corporations/entities are not acceptable and shall be subjected to disqualification.
5. Only original works will be accepted, and they should not have been entered in other art competitions. Non- original works can be submitted as flexibility but not as entry to the contest. Awards given to works which are subsequently proven to be non-original will be revoked. The artist will be held accountable to any issues that may arise with regards to the originality and authenticity of the design.
6. All entries will be pre-numbered. No signatures, names or other identifying marks should appear at either side of the materials of the entry.

Materials allowed for poster-making

The following materials will be used in the contest:

- Pencil
- Markers (to highlight)
- Craypas (crayons)/ oil pastel (*use of coloring materials not specified is strictly prohibited*)
- 1/4 illustration board

D. COOKFEST

I. General Guidelines



**PHILIPPINE RED CROSS
ILOCOS NORTE CHAPTER**

P. Gomez St., Brgy. 23 2900 Laoag City
 Telefax: 077-772-0217, Tel. No.: 077-770-5615
 Website: www.redcross.org.ph ;Email: ilocos.norte@redcross.org.ph

- a. Each team must consist of **3–5 registered Red Cross Youth members**.
- b. Teams must **provide** their own ingredients and cooking utensils.
- c. Each team must prepare **one main dish featuring milkfish (bangus)** as the primary ingredient.
- d. Preparation and cooking: **2 hours**, which includes the preparation until serving. A prepared dish prior to the competition shall be disqualified.
- e. Exceeding the time limit will result in a deduction of **2 points**.
- f. Milkfish must be the star ingredient.
- g. Additional ingredients may be used but should complement the main fish.
- h. Use of pre-cooked or commercially prepared dishes is not allowed.
- i. Any method (grilled, fried, baked, stewed, etc.) is acceptable if it is safe and sanitary.
- j. Teams must bring their own portable stove or charcoal setup.
- k. Participants must maintain proper hygiene.
- l. Gloves, hairnets, and aprons are required during cooking.
- m. Cooking stations must be cleaned before and after the event.
- n. Each dish must be plated for **display and judging**.
- o. The dish name and short description (3–5 sentences) must accompany the plate.
- p. The decision of the panel is **final and cannot be appealed**

Taste and Flavor	30%
Creativity and Originality	20%
Nutritional Value	15%
Presentation and Plating	15%
Cooking Skills and Techniques	10%
Cleanliness and Hygiene	10%
TOTAL	100%

E. SEARCH FOR MR. AND MS. RED CROSS YOUTH 2025

MECHANICS:

- 1. Each school will only have one representative for the Search for Mr. and Miss Junior Red Cross Youth Ilocos Norte 2025 (1 male, 1 female)
- 2. The following shall be the contest events for the search:
 - a. PRODUCTION NUMBER
 - b. PRODUCTION OUTFIT (Female Short/Skirt/Male Jeans W/ Camp Shirt)
 - c. CASUAL ATTIRE (CASUAL INTERVIEW) (SET A MINOR AWARDS)
 - d. RCY TYPE A UNIFORM (SET B MINOR AWARDS)
 - e. QUESTION AND ANSWER (TOP 3)

Criteria for Judging:

Production Attire	-	10%
Casual Attire	-	15%
Type A Uniform	-	15%



**PHILIPPINE RED CROSS
ILOCOS NORTE CHAPTER**

P. Gomez St., Brgy. 23 2900 Laoag City
Telefax: 077-772-0217, Tel. No.: 077-770-5615
Website: www.redcross.org.ph ;Email: ilocos.norte@redcross.org.ph

Personality	-	15%
Poise/Carriage	-	15
Intelligence	-	15%
Beauty	-	<u>15%</u>
TOTAL		100%

Top 10

Beauty	-	50%
Brain	-	<u>50%</u>
TOTAL		100%

Best in Production Number	Certificate, Sash
Best in Production Outfit	Certificate, Sash
Best in Type A RCY Uniform	Certificate, Sash
Best in Casual Attire (Male)	Certificate, Sash
Best in Casual Attire (Female)	Certificate, Sash
Most Photogenic (Female)	Certificate, Sash
Most Photogenic (Male)	Certificate, Sash
Best in Poise (Female)	Certificate, Sash
Best in Carriage (Male)	Certificate, Sash
Darling of the Crowd (Female & Male)	Certificate, Sash
Most Handsome and Most Charming	Certificate, Sash
Mr. and Miss Congeniality	Certificate, Sash
Most Articulate	Certificate, Sash
Best in Recycled Attire	Certificate, Sash

MAJOR AWARDS:

Mr. and Miss Red Crystal	Certificate, Sash, Trophy
Mr. and Miss Red Crescent	Certificate, Sash, Trophy
Mr. and Miss RCY ILOCOS NORTE 2025	Certificate, Sash, Trophy, Crown

Youth First Aid Challenge

- All participating school councils are encouraged to have a representative for the said activity. Each group shall be composed minimum of 11 members (1 Team Leader, 9 members and 1 playing victim).

Prizes and Awards

Participants who have completed the whole duration of the Camp shall receive certificate of participation as well as the winners.

Cook Fest

Champion	Medal
1 st Runner up	Medal
2 nd Runner up	Medal

Role Play



**PHILIPPINE RED CROSS
ILOCOS NORTE CHAPTER**

P. Gomez St., Brgy. 23 2900 Laoag City
 Telefax: 077-772-0217, Tel. No.: 077-770-5615
 Website: www.redcross.org.ph ;Email: ilocos.norte@redcross.org.ph

Champion Trophy
 1st Runner up Trophy
 2nd Runner up Trophy

Poster Making Contest

Champion Trophy
 1st Runner up Trophy
 2nd Runner up Trophy

Cheers and Yells

Champion Trophy
 1st Runner up Trophy
 2nd Runner up Trophy

1ST Day of February 27, 2026

TIME	ACTIVITY	CONCERNED PERSONNEL
8:00 AM- 11:00 AM	ARRIVAL AND REGISTRATION	REGISTRATION AND RECEPTION COMMITTEE
10:00 AM - 12:00 NN	PITCHING OF TENTS	CAMPERS
12:00 NN - 1:30 PM	LUNCH BREAK	
1:30 PM - 2:00 PM	GATHERING OF THE CAMPERS	
2:00 PM- 4:00 PM	Practice for the Search for Mr. and Ms. RCY 2025	
2:00 PM - 6:00 PM	WELCOMING EVENT Cheers & Yells	CHAPTER YOUTH COUNCIL
6:00 PM	Continuation of the practice for the Search for Mr. and Ms. Junior RCY 2025	
8:00 PM	Opening Program and Role Play	



PHILIPPINE RED CROSS ILOCOS NORTE CHAPTER

P. Gomez St., Brgy. 23 2900 Laoag City
Telefax: 077-772-0217, Tel. No.: 077-770-5615
Website: www.redcross.org.ph ;Email: ilocos.norte@redcross.org.ph

2nd Day of February 28, 2026

TIME	ACTIVITY	CONCERNED PERSONNEL
5:30 AM – 6:30 AM	ZUMBA	
6:30 AM – 7:30 AM	BREAKFAST	CAMPERS
8:00 AM- 12:00 PM	YOUTH FIRST AID CHALLENGE COOKFEST AND LEADERSHOP[P DEVELOPMENT TGRAINING(LDP)	RCY INSTRUCTORS
12:00 PM- 1:00 PM	LUNCH BREAK	
1:00 PM- 5:00 PM	YOUTH FIRST AID CHALLENGE (CONTINUATION) POSTER MAKIN AND YOUTH ADVOCACY AND PREVENTION OF ENVIRONMENT(YAPE)	RCY INSTRUCTORS
5:30 PM – 7:00 PM	DINNER	CHAPTER YOUTH COUNCIL
7:00 PM – 10:00 PM	MISTER AND MISS JUNIOR RCY 2025	

3rd Day of March 1, 2026

TIME	ACTIVITY	CONCERNED PERSONNEL
5:30 AM – 6:00 AM	ZUMBA	
6:00 AM – 7:00 AM	BREAKFAST	
8:00 AM – 11:00 AM	DRRM TEAM BULDING	CAMPERS
1:00 PM – 2:00 PM	AWARDING CEREMONY	
	HOME SWEETIE HOME	



**PHILIPPINE RED CROSS
ILOCOS NORTE CHAPTER**

P. Gomez St., Brgy. 23 2900 Laoag City
 Telefax: 077-772-0217, Tel. No.: 077-770-5615
 Website: www.redcross.org.ph ; Email: ilocos.norte@redcross.org.ph

**AWARDS AND RECOGNITION
Pointing/Scoring System**

OVER-ALL CHAMPION

Mister & Miss RCY	25 points	Contested Activity (Group)	1 st	20
Runners up	20 points		2 nd	15
Minor Awards	2 points		3 rd	10
Contested Activity (Individual)				
			1 st	10 points
			2 nd	7 points
			3 rd	5 points

POSTER MAKING 1 st Certificate and Medals 2 nd 3 rd	COOKFEST 1 st Certificate and Medals 2 nd 3 rd
CHEERS AND YELLS 1 st Trophy 2 nd Trophy 3 rd Trophy	DRR ROLE PLAY 1 st Certificate and Medals 2 nd 3 rd



PHILIPPINE RED CROSS ILOCOS NORTE CHAPTER

P. Gomez St., Brgy. 23 2900 Laoag City
Telefax: 077-772-0217, Tel. No.: 077-770-5615
Website: www.redcross.org.ph ;Email: ilocos.norte@redcross.org.ph

YOUTH FIRST AID CHALLENGE

Major Awards:

- Overall Champion: 30 points
- 1st Runner Up: 25 points
- 2nd Runner Up: 20 points
- 3rd Runner Up: 15 points
- 4th Runner Up: 10 points
- Teams not in podium: 5 points

Minor Awards:

1. Best in Situational Analysis- First Aid: 5 points
2. Best in Situational Analysis-BLS: 5 points
3. Best in Bandaging: 5 points
4. Best in Transfer Method: 5 points
5. Best in Uniform: 5 points

SCHOOL: OVER ALL CHAMPION

Trophy and Certificates

SEARCH FOR MR. AND MISS RCY

- Best in Production Number
Certificate, Sash Best in Production Outfit
Certificate, Sash
- Best in Type A RCY Uniform
Certificate, Sash
- Best in Casual Attire (Male)
Certificate, Sash
- Best in Casual Attire (Female)
Certificate, Sash Most Photogenic (Female)
Certificate, Sash
- Most Photogenic (Male)
Certificate, Sash
- Best in Poise (Female)
Certificate, Sash
- Best in Carriage (Male)
Certificate, Sash
- Darling of the Crowd (Female & Male)
Certificate, Sash
- Most Handsome and Most Charming
Certificate, Sash
- Mr. and Miss Congeniality
Certificate, Sash
- Most Articulate
Certificate, Sash
- Corporate Awards

MAJOR AWARDS:

1. Mr. and Miss Red Crystal
- Certificate, Sash, Flowers, Trophy
2. Mr. and Miss Red Crescent
- Certificate, Sash, Flowers, Trophy
3. Mr. and Miss RCY ILOCOS NORTE 2025
- Certificate, Sash, Flowers, Trophy, Crown



**PHILIPPINE RED CROSS
ILOCOS NORTE CHAPTER**

P. Gomez St., Brgy. 23 2900 Laoag City
Telefax: 077-772-0217, Tel. No.: 077-770-5615
Website: www.redcross.org.ph ;Email: ilocos.norte@redcross.org.ph

OVERALL POINTING SYSTEM:

Youth First Aid Challenge:	30%
Mr & Ms Junior RCY 2025:	30%
Contested Activities (Group):	25%
Individual:	15%

Prepared by:

ANITA M. NICOLAS
CSR-RCY/HS

Noted by:

EDNA L. ORCINO
Chapter Administrator



Republic of the Philippines
Department of Education

REGION I
SCHOOLS DIVISION OF THE CITY OF BATAC

Advisory No. **224**, s. 2025

10 SEP 2025

In compliance with DepEd Order (DO) No. 8, s. 2013
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
(Visit www.deped.gov.ph)

2025 YOUTH FIRST AID CHALLENGE

The Department of Education – Schools Division of the City of Batac, in partnership with the Philippine Red Cross Ilocos Norte Chapter (PRC-INC), enjoins all schools within the division to extend their support to the 10th Anniversary Celebration of PRC-INC through the conduct of the 2025 Youth First Aid Challenge (YFAC).

In line with this, all school heads are encouraged to facilitate First Aid and Basic Life Support–CPR Training as a prerequisite for participation in the aforementioned challenge.

Attached herewith is the official letter from PRC-INC, including additional details and guidelines for the activity.

Participation is voluntary and shall be subject to the non-disruption of classes policy stipulated in DepEd Order No. 9, s. 2005 titled, "Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance". Therewith, the policy on off-campus activities is stated in DepEd Order No. 66, s. 2017.

For information.

SGOD SHU/jbj/25010 2025 YFAC
2513691/September 9, 2025



DepEd Batac City



batac.city@deped.gov.ph



www.esdbatac.com

Asuncion Street, 16-S Quiling Sur,
City of Batac, Ilocos Norte
Telephone No.: (077) 677-1993



PHILLIPINE RED CROSS ILOCOS NORTE CHAPTER

PROJECT PROPOSAL YOUTH FIRST AID CHALLENGE 2025



BACKGROUND

On its 10th year, the Philippine Red Cross Ilocos Norte Chapter will hold the **2025 Youth First Aid Challenge** in December 2025 for High School students and January 2026 for Elementary pupils respectively at Florentino Camaquin Integrated School, Vintar, Ilocos Norte. This year's challenge will be the highlight of the Mega Camp for High School students and the Disaster Risk Reduction (DRR) Camp for Elementary pupils. It aims to create an authentic learning environment to provide collaborative safety and disaster preparedness learning programs in schools and the learners, providing a venue for skills development in First Aid and Basic Life Support. Minimum registration fee will be collected from each entry to augment expense. Schools trained in First Aid and Basic Life Support-CPR both in elementary and high school category will be the participants in the Youth First Aid Challenge. Through this competition, the participants will be able to gain mastery in first aid and CPR thereby making them ready and confident when facing actual emergencies.

QUALIFICATIONS:

- Must be an active RCY member.
- Must be physically and mentally fit.
- Age group per category:
 - ▶ Junior Red Cross Youth (Elementary) 9-12 years old
 - ▶ Senior & Senior+ Red Cross Youth (High School) 13-18 years old
- Maximum of 20 schools/team for Elementary and High School categories,

TRAINING SCHEDULES & GUIDELINES:

- Training period is from September-December 18, 2025 only.
- Open to all schools for both elementary and high school category. Schools with accredited RCY Councils can be prioritized for training schedules.
- Open booking for preferred training schedule. Weekend classes (Saturday & Sunday) is encouraged to consider uninterrupted school days and convenience.
- Minimum of fifteen (15) participants- maximum of thirty (50) participants per class (training phase).
- Maximum of 20 schools/team for Elementary and High School categories (competition proper).

TRAINING FEE & INCLUSIONS:

- ▶ **Elementary Category/Junior RCY: (First Aid Training for Juniors)- 1 day**
 - Php500/person
- ▶ **High School Category/Senior and Senior+ RCY: (Emergency First Aid Training)- 2 days**
 - Php750/person

Please be informed that both training has inclusions of 1 triangular bandage, handout and training paraphernalia. Fee will be properly acknowledged through our PRC service invoice. Two (2) advisers will be entitled free from the training fee. All participants who passed the minimum knowledge and skills requirement will receive Certificate of Completion (CoC). The school will also receive Certificate of Appreciation.

NOTE: No PRC Instructor/personnel shall be allowed to facilitate coaching after the training phase until the competition proper.



**PHILLIPINE RED CROSS
ILOCOS NORTE CHAPTER**

**PROJECT PROPOSAL
YOUTH FIRST AID CHALLENGE 2025
COMPETITION DETAIL & GUIDELINES**

AREAS OF COMPETITION

Particular Area	Designated for each Level	
	Junior Red Cross Youth (Elementary Category)	Senior Red Cross Youth & Senior Plus Red Cross Youth (High School Category)
Situational Analysis- First Aid	Yes	Yes
Situational Analysis- Basic Life Support- CPR	-----	Yes
Bandaging Relay	Yes	Yes
Transfer Relay	-----	Yes
Bandaging & Transfer Relay	Yes	-----
Quiz Bee (to be Integrated in the relay)	Yes	Yes
Best in Uniform (school uniform or their own concept which they prefer)	Yes	Yes

DEADLINE of REGISTRATION FOR COMPETING TEAMS:

- ▶ Senior & Senior+ Red Cross Youth (High School):
- ▶ Junior Red Cross Youth (Elementary)

December 15, 2025

January 10, 2026

****Late registration will automatically be disqualified from the competition proper. Competition rules and regulations, registration forms will be given to participating schools during the training*

TEAM COMPOSITION:

- Maximum of ten (10) RCY Members. (All are encouraged to play) +1 playing victim. Total: 11
- Maximum of two (2) Coaches/Advisers
- All contestants must be a holder of Certificate of Completion (ID) in First Aid/ Basic Life Support-CPR not more than 6 months from the date of training.
- Gender preference (optional)
 - ▶ Five-five (5-5) is preferred for the team members, i.e., 5 boys and 5 girls
 - ▶ However, this is only preferential and would not mean any technicalities that may result to disqualification. This preference is in line with the trust of the PRC for gender balance and equality.

CHALLENGE DETAILS:

- A. Problems/scenarios will be prepared by the Philippine Red Cross Safety Services.
- B. A Maximum of ten (10) minutes will be allowed for a team to perform each event/problem.
- C. A whistle or any louder signal will be used to signify the start and end of each hit. There will be a maximum of five (5) minutes interval in between hits.
- D. Coaches/Trainers or any non-playing team members must stay outside the designated competition area. Holding area will be assigned for non-playing team members and coaches.
- E. The decision of the board of judges is final and irrevocable





**PHILLIPINE RED CROSS
ILOCOS NORTE CHAPTER**

**PROJECT PROPOSAL
YOUTH FIRST AID CHALLENGE 2025**



COMPETITION PROPER

DATE & TIME:

December 2025, (High School Category) Saturday from 8:00am to finish.

January 2026, (Elementary Category) Saturday from 8:00am to finish.

Call time and registration: 7:00 am to 8:00am.

VENUE: Florentino Camaquin Integrated School, Vintar, Ilocos Norte

PARTICIPANTS:

Number of Team per Level

- Junior Red Cross Youth (Elementary) 20 teams
- Senior & Senior+ Red Cross Youth (High School) 20 teams

PRIZES & AWARDS:

A. Trophies: Junior & Senior Category (per level)

1. Overall Champion
2. 1st Runner Up
3. 2nd Runner Up

B. Certificates & Cash Prize: Junior & Senior RCY Category

1. Best in Situational Analysis- First Aid Php 1,000.00
2. Best in Situational Analysis- Basic Life Support (HS only) Php 1,000.00
3. Best in Bandaging Php 500.00
4. Best in Transfer Relay (HS only) Php 500.00
5. Best in Bandaging and Transfer Relay (Elem only) Php 500.00
6. Quiz Bee Champion Php 500.00

C. Certificate of Participation

1. Participants, Coaches & School

D. Special Awards

1. Best in uniform (Both categories) Php 1,000.00

Note: Uniform draft and design must be submitted to the office for IHL approval prior to production.

E. Cash prize: Junior & Senior Category (Both Categories)

1. Overall Champion Php 5,000.00
2. 1st Runner Up Php 3,000.00
3. 2nd Runner Up Php 2,000.00
4. 3rd Runner Up Php 1,500.00
5. 4th Runner Up Php 1,000.00



PHILLIPINE RED CROSS
ILOCOS NORTE CHAPTER

PROJECT PROPOSAL
YOUTH FIRST AID CHALLENGE 2025

OUTPUT:

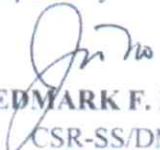
Immediate:

- A successful Youth First Aid Challenge among different elementary and high schools.
- Increase pool of 1200 first aiders and PRC members.
- Generate fund for Safety Services.
- Recognition to competent and skilled first aiders/responders.

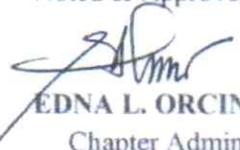
Medium/Long Term:

- Capacitate the school on first aid and life saving techniques.
- Inculcate the importance of First Aid & BLS-CPR; emergency preparedness and saving lives at their young age.
- Promotion of Safety Services and its educational program to the general public.
- Strengthen partnership & linkage between Department of Education and Philippine Red Cross through the local chapter.

Prepared by:


JEDMARK F. MORIDO
CSR-SS/DMS

Noted & Approved by:


EDNA L. ORCINO
Chapter Administrator

PHILIPPINE RED CROSS
National Headquarters
Safety Services

COMPETITION RULES AND REGULATIONS

1. Problems/scenarios will be prepared by the Philippine Red Cross – Safety Services.
2. Competition events with their respective weight will be as follows:

EVENT/SCENARIO		CATEGORY
		Junior RCY
Situational Analysis		
First Aid	50%	
Bleeding Control and Bandaging		Yes
Immobilization & Splinting		Yes
Relays		
	30%	
Bandaging Relay		Yes
Bandaging and Transfer Relay		Yes
Quiz Bee / Question – Answer	20%	Yes
Total	100%	

3. Only **6** members per team, including a team leader (TL) will be allowed to play in an event / station. Remaining member/s (reserve or stand-by player/s) will have to stay at the holding area during every hit.
4. Remaining members can play or participate in the next hit provided that they have to maintain the same allowable number of members per team. TL must inform the marshal at the holding area before the next schedule hit. No replacement will be allowed once the team is out of the holding area.
5. Prior to the start of each event, all competing teams scheduled for the event are required to form a single line at the designated **STARTING LINE/POINT**.
6. In the event that a member/s **got injured** during game, the following must be applied:
 - 6.1 PRC assigned first aider will assess initially and provide care after the hit for injuries not requiring immediate intervention.
 - 6.2 If the person is obviously injured and cannot continue the hit, (i.e. unconscious, ABC compromised, obvious deformity and the person can no longer move) and/or the team leader requests for First Aid assistance through the umpire, that specific station/problem of the team will be stopped. The team score for that particular problem will depend on the performance that they have done before the game was stopped.
 - 6.3 No replacement will be allowed for that specific hit.
 - 6.4 If ever the injured person requires further treatment as necessary, company representative will be requested to discuss the required additional management (i.e. transport to hospital etc.). The person will automatically be out of the game.
 - 6.5 If the injured person does not require further management, he/she has the option to decide to continue or not to play for the next hit.
 - 6.6 If the injured person wishes to continue playing for the next hit, he/she must sign a waiver. In the event that the injury is aggravated during the hit or it compromises his/her condition and the safety of the co-members and/or the victim, he/she will be

recommended to step-out of the playing area by the First Aider thru the Umpire during or after the hit.

- 6.7 For Relay, injured player/s must reach the starting point (if not seriously injured) either with the help of other team members before the next player can proceed to the next problem/ question/s unless 6.2 applies. Points will be given to the technique the injured person has completed.
- 6.8 If two or more person are injured during the game, the remaining players will still be allowed to play provided deduction will be applied in the specific problem that they cannot perform as a team (i.e. transfer). 2 points will be deducted for every lacking person in the given problem (i.e. 5 man carry to 4 man carry). However, no point (zero score) will be given for those procedure/s that has a direct effect in the given problem (i.e. 3 man carry to 2 man carry).
7. To ensure safety of the victim/s and bystander/s – Maximum care must be emphasized at all times. Mishandling of the “patient” (ABC compromised) including bystander/s will be deducted one (1) point for that particular problem / procedure. In case of serious “mishandling of patient / bystander” or valid complain (e.g. dropped, got hurt or harmed), this particular station will be stopped and the remaining problem will get ZERO (0) score. Under any circumstances, the “patient / bystander” must be protected from harm.
8. A maximum of ten (10) minutes will be allotted for a team to perform each event / problem.
9. The umpire will be in charge of issuing the go signal to start and finish the game by using a whistle or louder signal. There will be a maximum of (5) minute interval between hits. Intervals can be shortened as needed. In the event that the game need to be stop or suspend, he/she will make the necessary announcement.(i.e. retouching of simulated injuries to the victims, confirmation of team assigned in each station/s as well as the judges and timers.)
10. Time of finish of the event/station is recorded once the team goes back, and all team member’s raise/s their hand/s beyond the starting line.
11. Once the ten (10) minute signal sounds off from the umpire, all team members, finished or not, shall go back to their respective starting lines.
12. The team with the “best time” (shortest time to finish) will be given a 2-point bonus for each hit in Situational Analysis & Application, and Relay events. The tabulator/s will determine the best time.
13. Non-competing members including Coaches/Trainers will be given a designated area.
14. For accurate and fair judging, two (2) judges will be assigned to each station. Aside from their main role as a judge, one of the judges will be a timer to record the team’s time for that particular station and the other judge will act as a physician during endorsement. A master timer (umpire) will keep track of the 10-minute time for each hit.
 - 14.1 In evaluation of team performance, the judge/s is free to move around the performing team to ensure accurate and fair judging.
 - 14.2 All TL will receive feedback from the judges (in all station) in every after hit on the team’s performance (strength and weakness) but not on the score. Questions / queries / arguments will not be entertained. All TL must sign the conforme provided on both score sheet, indicating that feedback was given either he/she accepts the feedback or not. If TL refuses to sign, the head judge will put remarks on the conforme “refuse to sign”. TL is not allowed to look at the score sheet during the feedback. No member/s of the competing teams / company representative/s will receive the result of the evaluation during and after the competition.

15. The following are grounds for disqualification of a team from the event where they are caught after three (3) warnings was given (umpire will issue yellow card per warning [1st and 2nd warning offense] and red card for the third which means disqualification) for the entire game.
 - 15.1 Any deliberate action or misbehavior of the members (i.e. arguing with each other) which causes delay to the game;
 - 15.2 Any deliberate action that causes confusion or may affect other teams performance;
 - 15.3 Coaching through any means of communication (signal/s of the hand or any other body part, radio, mobile phones, etc.)
 - 15.4 Obvious coaching from the victim/ bystanders.
16. All teams must bring with them their first aid kit, blanket, documentation paper, ball pens, cord tape etc.) If the game has already started, nobody is allowed to get out of the playing area for whatever reason including getting additional supplies and equipment.
17. Application or use of any of the following will have no weight or point/s:
 - 17.1 fancy instructions, movement or command;
 - 17.2 advanced first aid approach/es or procedure such as use of BP Apparatus, etc.;
 - 17.3 Sophisticated cordons' as part of the crowd control.
18. No protests will be entertained. However, comments and/or suggestions are welcome for future competitions, if necessary or possible thru the secretariat/organizer.
19. The team which garnered the highest score / points will be declared Champion, 2nd highest – 1st runner-up., etc.
20. Members of the First Aid Competition Committee has nothing to do with the decision of the Board of Judges of the Competition.
21. The decision of the Board of Judges is final and irrevocable.

EVENT MECHANICS

A. Situational Analysis and Application (Immobilization/Bleeding Control/Spine Board Management)

- A.1 Prior to the start of each event, all competing teams scheduled for the event / station are required to form a single line at the designated STARTING LINE / POINT.
- A.2 At a given signal, a team member will get the problem from the judge and go back to the starting point, to read and analyze the situation and immediately carries out the necessary actions/care. All portrayal signs and symptoms shall be acted by the victims.
- A.3 After providing the necessary actions/care to the victim, the team must carry the patient to the designated area and make the endorsement to the judge acting as physician together with the endorsement paper indicating the basic information.
- A.4 The team will be graded starting from the time a given signal was started up to the complete endorsement of the patient The **ENDORSEMENT** will be done at the designated point (between starting line and working area).
- A.5 Time of finish of the event/station is recorded once the team goes back, and all team member's raise/s their hand/s beyond the starting line.
- A.6 Once the ten (10) minute signal sounds off from the umpire, all team members, finished or not, shall go back to their respective starting lines.

B. Basic Life Support – Cardiopulmonary Resuscitation

- B.1 Prior to the start of each event, all competing teams scheduled for the event are required to form a single line at the designated STARTING LINE/POINT.
- B.2 At a given signal, a team member will get the problem from the judge and go back to the starting point, to read and analyze the situation and immediately carries out the necessary actions/care. All portrayal signs and symptoms shall be acted by the victims.
- B.3 Initial assessments up to checking of responsiveness shall be done on the "victim" (person). Other procedures shall be done on the mannequin. (Golden Rule: No actual mouth to mouth and chest compressions shall be done to the "victim" [person]).
- B.4 "Responsiveness" or "unresponsiveness" condition and other portrayal signs and symptoms shall be done by the "victim" (person) and shall not be verbalized by the judge/s. While the judge can announce/declare the following condition, i.e., "No breathing", "No signs of life or No signs of circulation" and "Patient is revived".
- B.5 For CPR with "take – over" technique, the competing team will take over to the first responder who initiated the CPR to the victim after completing the 5 cycle (two minute).
- B.6 In "2-rescuer CPR" event, the 2-rescuer CPR is immediately initiated.
- B.7 After the judge has announced "patient is revived", other necessary care shall be done on the "victim" (person) then the team shall carry the "victim" (person) to the designated ENDORSEMENT AREA (between the starting line and the working area) and endorse him/her to the judge acting as physician together with the endorsement paper

C. Relay (Bandaging / Transfer / Quiz Bee)

- C.1 All players will be numbered before the start of the relay. Numbering will be done by the team themselves.
- C.2 The standard rule of any relay game shall be observed in this event. That is, the first player in line runs first and perform the problem given by the judge then goes back and touches the next player in line who will perform next. He/she then positions at the end of the line, and so on. The team throughout the event shall maintain a straight line.
- C.3 At the sound of the starting signal, the time of the event starts, and the team member in front of the line runs towards the judge, gets the problem and performs the necessary procedures.
- C.4 If the required procedure is a "CARRY", the player/s carry/ies the patient toward the "TURNING POINT" (between the starting line and the working area) then goes back to the judges (working area) to unload the patient.
- C.5 If the procedure requires two or more team members, the player signals the needed additional manpower. The team mate/s next in line must be the one to respond to the call (help). The one who gets the problem will be the **team leader** for that transfer technique.
- C.6 After performing the required procedure, the player/s runs back to the starting line and tap the hand of the next team mate who in turn would go and perform the next required procedure. If there are two or more team members who have performed, the last member running towards the starting line should tap the

hands of the next team mate who will perform the next procedure. The player/s who has just completed will position at the end of the line. Every violation of this procedure will be deducted one (1) point.

- C.7 The process goes on until all the problems are performed or the 10-minute allotted time for the event expires. Numbers of team members must maintain in sequence at all times at the starting line. Every violation will be deducted one (1) point
- C.8 If a player cannot perform the given task, he/she then runs back and taps the hand of the next player in line who in turn will perform the procedure. If the problem cannot be solved by the 2nd player/s, this can still be passed on to the next player until they decide not to perform the problem and proceed to the next given task by getting the piece of paper (problem) from the judge. Problem/s which was not performed will be given zero point.
- C.9 In the execution of the given task for **TRANSFER**, the responder/s is no longer allowed to change the technique once he/she started lifting the victim (specifically the victim feet is already off the ground) or they started to walk with the victim. These will therefore given zero point.
- C.10 For **BANDAGING**, if the responder at the middle of the application realizes that he/she committed a mistake and change the application, the last application if correct and within the given time will be given points.
- C.11 A player may rest or pause anytime while performing a "Transfer" problem while the time will continue running.
- C.12 Time of finish of the event/station is recorded once the team goes back, and all team member's raise/s their hand/s beyond the starting line.
- C.13 Once the ten (10) minute signal sounds off from the umpire, all team members, finished or not, shall go back to their respective starting lines.

Quiz Bee

- C.14 At the sound of the starting signal, the time of the event starts. The first member will run towards the judge and get the problem and go back to his team. The team will analyze the question and decide their final answer (answer card will be provided to the team). The next person in line will be the one to submit the answer and get the next question. The same procedure will continue until all questions are answered.
- C.15 All answers must be clearly written (BOLD letters). Abbreviation and wrong spelling are not accepted and considered wrong.
- C.16 If the team fails to answer and decided to proceed to the next question, the given question must be returned by the next player to the judge and get the next (new) question and return to the group and answer.
- C.17 All unanswered question/s will get zero point/s and cannot be answered again despite the available remaining time.
- C.18 Ten (10) minutes will be allotted for each team to finish all given questions.
- C.19 If the team will be able to finish the ten (10) questions within or less than 10 minutes, the time of finish is recorded once the team goes back, and all team member raise/s their hand/s beyond the starting line. If they fail to finish on the allotted time, all questions remaining will get a zero point. Additional 2 points will be given to the team with the shortest time recorded.
- C.20 The group with the highest number of correct answers wins the game.

C.21 In the event of a tie (teams with same score points) the team with the shortest time wins. If there is a tie on both scores and time, another set of questions will be given thru a tie breaker relay. Six (6) questions will be answered individually by each member (6 players).

C.21.1 At the sound of the starting signal, the time of the event starts. The first member will run towards the judge, gets the problem and answers directly in front of the judge in writing. Then, he goes back in line and taps the next player.

C.21.2 This will continue until the six (6) questions are finished or times up (6 minutes). The team with the highest score in the shortest time wins. Additional 2 points will be given to the team with the shortest time recorded.

***** 000 *****