



Republic of the Philippines
Department of Education

REGION I
 SCHOOLS DIVISION OF THE CITY OF BATAC

DIVISION MEMORANDUM

26 JAN 2026

No. 060 s. 2026

**ANNUAL PHYSICAL AND DENTAL EXAMINATION (APE) OF PERSONNEL
 CY 2026**

To: Assistant Schools Division Superintendent
 Chief Education Supervisors
 Unit & Section Heads
 Public School Heads Concerned
 All Others Concerned

1. Pursuant to DepEd Memorandum No. 22 s. 2015 entitled Annual Physical Examination of DepEd Employees, the Schools Division of the City of Batac will conduct the Annual Physical Examination (APE) on April 13-15, 2026.

2. All personnel eligible for APE are encouraged to undergo the prescribed laboratory examinations as follows:

Categories of Personnel	Mandatory Laboratories Examinations	Encouraged/Highly Encouraged Laboratory Examinations
Personnel below 25 years old	CBC,Urinalysis, Chest X-ray	
Personnel below 25 years old but with family history of Diabetes Mellitus and High Blood Pressure	CBC,Urinalysis,Chest X-ray	Blood Chemistry
Personnel 25 years old and above		
Personnel with diagnosed health conditions		

3. In view of the activity, school heads are advised to submit the master list of school personnel and their requested laboratory test using the template provided in the link <https://tinyurl.com/APE2026Request>. The accomplished master list must be submitted on the same link on or before January 30, 2026. Laboratory requests shall be claimed at SHU Clinic starting February 6, 2026.

4. Personnel who opt to have their APE earlier than the scheduled dates may notify Ms. Elsie A. Gonzales or Mr. Jedidiah B. Jagto, Division Nurses for appointment.

5. Attached is the schedule of APE for reference.

6. For information and guidance.



SDCB RECORDS UNIT

2601321


ANSELMO R. ALUDINO
 Schools Division Superintendent



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Encl.: As stated
Reference: As stated
To be indicated in the Perpetual Index
under the following subjects:

Benefits Employees Teachers

SGOD/jirm/APE2026
26002/January 22, 2026

Attachment 1. *Schedule of Annual Physical Examination*

Date of Examination	Venue	Schools
April 13, 2026	Catalino Acosta Memorial Elementary School	Baligat ES Bil-loca ES Colo-Mabaleng ES Magnuang ES PQ Pimentel ES Payao ES Quiling ES Tabug ES CBNHS Poblacion CBNHS Payao
April 14, 2026	Mariano Marcos Memorial Elementary School	B. Macadaeg Memorial Elementary School Biningan ES CuMaPit ES Maipalig-Quiom ES Naguirangan-Capacuan ES Parangopong ES San Mateo ES Sumader ES CMVNHS FEMSHS
April 15, 2026	Hilario Valdez Memorial Elementary School	Baay ES Baoa East ES Baoa ES Camandingan ES Rayuray ES Dariwdiw ES Nagbacalan ES CBNHS Rayuray BNHS GARSHS