



Republic of the Philippines
Department of Education

REGION I
SCHOOLS DIVISION OF THE CITY OF BATAC

Advisory No. **097**, s. 2026

21 APR 2026

In compliance with DepEd Order (DO) No. 8, s. 2013
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
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2026 PEKAF Arnis Coaching Accreditation

The Philippine Eskrima Kali Arnis Federation-Cordillera Administrative Region (PEKAF-CAR) will be hosting the "2027 PEKAF Arnis Coaching Accreditation" on May 1-3, 2026, at the NIIT Conference Room, Magsaysay Avenue, Baguio City. The program was approved and sanctioned by the Philippine Eskrima Kali Arnis Federation-National Sports Association (PEKAF-NSA).

The program aims to help the participants to be an accredited and licensed Arnis coaches, and to enhance their coaching skills and knowledge in the field of Sport Arnis in preparation for the school sports activities like lower meets to Palarong Pambansa, and other arnis national sports competitions. The PEKAF Program will be done every three years and the validity of the accreditation is from May 2026-May 2029.

A fee of Php 1800.00 shall be collected to the participants exclusive of the accomodation. Participants shall bring a pair of arnis sticks for the training.

The following are encourage to attend the training:

1. Teofila Avigail B. Catindoy
2. Myka Villafranca
3. Lorna Abad
4. Jamileen Joy O. Sagsagat
5. Lorie Mae Benigno
6. Kernel Q. Aguinaldo
7. Other interested Physical Education Teachers and Coaches

Participation to this activity shall be on Official Bussiness. Expenses of participants shall be charged against local funds subject to usual accounting and auditing rules and regulations.

This advisory shall only serve to disseminate information and should not be construed as promotion of the activity.

For more information and other concerns please contact:

Master Leonardo L. Cariño
Bagio City PEKAF Coordinator
Event Organizer
CP # 09154467348

Master Rodini G. Buyogan
PEKAF Regional Director
Event Organizer
CP # 09207009762

For information.

SGOD/jla/DA-Arn timer
2605553/April 16, 2026



DepEd Batac City

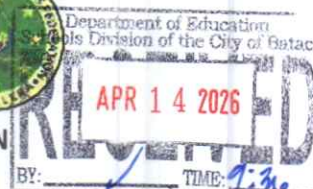


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PHILIPPINE ESKRIMA KALI ARNIS FEDERATION NORTHERN LUZON
In collaboration with the
Philippine Eskrima Kali Arnis Federation-National Sports Association (PEKAF-NSA)
Hosted by PEKAF-Cordillera & NIIT

April 13, 2026

ANSELMO R. ALUDINO

Schools Division Superintendent
Department of Education, SDO Batac City
Batac City, Ilocos Norte

Attention: **GILBERT P. ISLA**
Division Sports Head
Batac City, Ilocos Norte

Dear Sir,

Warmest greetings from the Philippine Eskrima Kali Arnis Federation (PEKAF) Northern Luzon!

The Philippine Eskrima kali Arnis Federation- Cordillera Administrative Region (PEKAF-CAR) will be hosting the **"2026 PEKAF Arnis Coaching Accreditation"** on May 1-3, 2026 at the NIIT Conference Room, Magsaysay Avenue, Baguio City. The program was approved and sanctioned by the **Philippine Eskrima Kali Arnis Federation-National Sports Association (PEKAF-NSA)**.

The program aims to help the participants to be an accredited and licensed Arnis coaches, and to enhance their coaching skills and knowledge in the field of Sport Arnis in preparation for the school sports activities like lower meets to palarong pambansa, and other arnis national sports competitions. Also, it enhances the Arnis teaching skills of Physical Education Teachers in the Department of Education. The topics of the event will be focused on the Arnis fundamentals and advance skills, and coaching strategies. This event is open to all interested physical education teachers, arnis coaches, trainers and club instructors in Northern Luzon. This PEKAF Program will be done every three (3) years and the validity of the accreditation is from May 2026-May 2029. Accreditation Certificate & ID that can be used in any arnis competitions in the Philippines will be awarded in the closing program of the event. The event's resource persons are certified Arnis Instructors headed by Dr. Paulo Motita from the Department of Education Central Office and the PEKAF-NSA Vice President for Northern Luzon.

To run the program successfully, the organizers will be collecting a minimal amount of One Thousand Eight Hundred Pesos (P1,800.00) per participants to defray for the accommodation and honorarium of the resource persons, rental of the venue, certificates, ID and other incidental expenses related to the program. The proceeds will be used to purchase arnis equipment for Arnis competitions. In addition,

interested participants to this program are responsible for their own accommodation and bring a pair of arnis sticks for the training.

In view of the above, we are humbly inviting the following teachers and coaches from the Department of Education, SDO Batac City to grab this opportunity for Arnis Coaches:

1. Teofila Avigail B. Catindoy
2. Myka Villafranca
3. Lorne Abad
4. Jamieleen Joy O. Sagsagat
5. Lorie Mae Benigno
6. Kernel Q. Aguinaldo
7. And other interested Physical Education Teachers & Coaches form SDO Batac City

Attached hereto the accreditation training matrix.

For more queries, please contact us at 09154467348/09207009762.

Thank you so much in anticipation for your support of our program for Teachers & Arnis Coaches.

Respectfully yours,


Master Leonardo L. Cariño
Baguio City PEKAF Coordinator
Event Organizer
CP#: 09154467348


Master Rodini G. Buyogan
PEKAF Regional Director
Event Organizer
CP# 09207009762



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ARNIS COACHING ACCREDITATION LEVEL 1 TRAINING MATRIX

Time	Day 1	Day 2	Day 3
8:00-9:00	Registration	Preliminaries	Preliminaries
9:00 – 10:00	Opening Program	Striking combinations Classical strikes 12 basic strikes Blocking Creative Anyo	Labanan - Stick drills Footwork drills Combination
10:00-10:15	Health break		
10:15-11:00	Plenary: Sports club facilitators' duties and functions		
11:00-12:00	Plenary: how to be a good coach		How to write Arnis program
12:00NN – 1:00PM	Lunch break		
1:00-3:00pm	History of Arnis Basic courtesy Stances Empty hand sinawali exercise	Double stick drills Sinawali (Single, advance single, X-sinawali, double sinawali, redonda)	Arnis Program presentation
3:00-3:15pm	Health Break	Spada y daga	
3:15-5:00pm	Basic Classical Strikes 12 basic strikes Basic blocks	Creative Anyo	Closing Program